



Pacific Northwest Association of Masters Swimmers

You may fill out the paper form below and mail it with a check or register online with a credit card at <https://www.clubassistant.com/club/USMS.cfm?L=36> or through the link for online registration at www.swimpna.org and follow the instructions.

2010 Membership Application

New Swimmer Returning USMS Swimmer
(Permanent ID if available _____)

Name: _____ Birth date: _____
 Last First Initial Month Day Year
 Address: _____ Age: _____ Male Female (circle one)
 Street or box number
 City State Zip+4 E-Mail: _____
 Home Phone (____) _____ Cell Phone (____) _____ Work Phone (____) _____

CLUB Affiliation Pacific NW Aquatics (PNA) or Unattached to a Club

TEAM Affiliation _____ see team list on next page

Choose a membership level A or B below for 11/01/2009 thru 12/31/2010.

A. Regular:	\$42	
B. Need-based or Seniors (65 & over):	\$30	
<i>Optional Donations:</i>		
USMS Endowment Fund		\$
International Swimmers Hall of Fame		\$
TOTAL		\$

Make check payable to: **PNA**
 Questions: (206) 849-1387 or pnaRegistrar@usms.org
 Mail check & form to: Arni Litt, Registrar
 PO Box 12172
 Seattle, WA 98102-0172

U.S. Masters Swimming Endowment Fund
 Just \$1 from each of us has the potential to add \$50,000 annually to further adult swimming opportunities, sports, medicine research, education and outreach through grants.
www.usms.org/admin/lmschb/lmsc_hb_endowment.pdf

International Swimming Hall of Fame Fund
 ISHOF promotes the benefits and importance of swimming as a key to fitness, good health, quality of life, and the water safety of children through operation of the International Swimming Hall of Fame, a dynamic shrine dedicated to the history, memory, and recognition of famous swimmers. <http://www.ishof.org>

Please consider making a tax-deductible donation to one or both of these funds.

A link to the PNA newsletter, *The WetSet*, will be sent by email 10 times/year, unless you check here to have *The WetSet* sent by U.S. Postal Mail.

PNA is seeking volunteers to help with meets, clinics and committees. Check here to volunteer and someone will contact you about where you could make a difference."

2010 Annual Fee: Of your membership fee \$27 is sent to USMS and \$15 remains with PNA to support our programs. \$8 of the USMS portion is designated for the national publication Swimmer Magazine. (There is no discount for those not wishing to receive the national publication.)

WAIVER: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, THE HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

➔ **Signature** _____ **Date** _____

Use of Image/Likeness: I grant permission to U.S. Masters Swimming and its affiliates to use my likeness and/or image in photographs, video, motion pictures, recordings, or any other record for legitimate purpose.
The United States Masters Swimming Policy on the privacy of member information is at: www.usms.org/admin/privacy.shtml



Information page

Remember to check out your LMSC website at www.swimpna.org and the U.S. Masters Swimming website at www.usms.org for information, updates, and changes.

The WetSet Newsletter

10 times a year, you will receive an email link to The WetSet. All the newsletters are located at http://www.swimpna.org/wet_set.htm and you can go there to read back issues anytime. If you have NO EMAIL or cannot easily access the online version, we will send you a paper copy. Be sure to check the box on the registration form.

What does your Membership number represent?

The format of your ID is AABC-DDDDD. AA=Club number =36=PNA; B=9=2009, C=a computer generated authentication number/letter, and DDDDD=your personal 5 digit permanent ID number. Membership numbers never contain the letters O, I, L, or Q; letters that look like that are always the numbers zero or one.

Hierarchy:

USMS United States Masters Swimming

Zone Northwest Zone

LMSC Local Masters Swim Committee = **PNA** (Pacific Northwest Association of Master Swimmers)

Club PNA (Pacific Northwest Aquatics) or Unattached to a Club

Team or Workout Groups (see below)

There is no additional fee to be part of Club PNA. At this time all members of Teams or Workout groups are part of Club PNA. You can be a member of the Club and be Unattached to a Team.

If you lose your membership card, you can print a new one at

<https://www.usms.org/reg>

TEAMS or Workout Groups

BAM: Bainbridge Aquatic Masters
BADD: Bellevue Aquatic Divas & Dudes
BC: Bellevue Club
BEST: Bellevue Eastside Masters
BMSC: Bellingham Masters Swim Club
BTAC: Bremerton Tennis & Athletic Club
CAAT: Central Area Aquatics Team
CAC: Columbia Athletic Masters (All)
DSYM: Downtown Seattle YMCA Masters
EMS: Everett Masters Swimmers
ESC: Evergreen Swim Club Masters
FAST: Foothills Aquatics Swim Team
FFM: Federal Way Master
FSJ: Fins of the San Juans
FTS: Ft. Steilacoom
GHY: Gig Harbor YMCA
GCMS: Gold Creek Masters (GCM)
GAM: Gold's Aquatics Masters
GGRM: Gold's Gym Redmond Masters
GLAD: Green Lake Aqua Ducks
HMST: Husky Masters
IST: Issaquah Swim Team
LLUA: Little Lebowski Urban Achievers
LOGS: Logger Masters
LUNA: Team Luna

LWM: Lake Washington Masters
LWS: Lynnwood Sharks (temp. pool closure)
MSVL: Marysville YMCA Masters
MICC: Mercer Island Country Club
MIR: Mercer Island Redwoods
MAMS: Middle Aged Marlins
FOIL: Milfoil Masters Swimmers
MYM: Monroe YMCA Masters
NHM: Newport Hills Masters
NEO: North End Otters
NSYG: Northshore Y's Guys
NWM: North Whidbey Masters
OAC: Olympic Aquatic Club
OOPS: Old Olympic Peninsula Swimmers
ORCA: Orca Swim Club
OST: Ohana Swim Team
PAC: Poseidon Aquatic Club
PPST: Poulsbo Piranhas Swim Team
PSC: Phinney Ridge Swim Club
PTMS: Port Townsend Master Swimmers
PRO: Pro Sports Club
QASC: Queen Anne Swim Club
RAH: Redmond Aqua Hotshots
SAMM: Samena Masters
SAC: Seattle Athletic Club

SVMS: Skagit Valley Masters Swimming
SVY: Skagit Valley YMCA Masters
SSTM: South Sound Titans Masters
SWIM: South Whidbey Island Masters
SSMS: South Sound Masters Swim
SSRM: Swim Seattle Redhawk Masters
TACY: Tacoma Pierce County YMCA
TACM: Thunderbird Aquatic Masters
TIG: Tigers
TOSC: Thurston Olympians Swim Club
UNAT: Unattached to a Team
UPAC: University Place Aquatic Club
VFC: Valley Fitness Center
VAC: Vashon Aquatic Club
WAC: Washington Athletic Club
WAVE: WAVE
WEST: West Coast Aquatics Masters
WSAS: West Seattle All-Stars
WSYD: West Seattle YMCA Dolphins
WWUS: Western WA U Masters Swimming
WCY: Whatcom County YMCA
YNOT: Y Nauts