



U.S. MASTERS SWIMMING

Pacific Northwest Association of Masters Swimmers

TWO WAYS TO BECOME A MEMBER

You may fill out the paper form below and mail it with a check or register online with a credit card at <https://www.clubassistant.com/club/USMS.cfm?L=36> or through the link for online registration at www.swimpna.org and follow the instructions.

2009 Membership Application

New Swimmer

Returning USMS Swimmer

(Old Number if available _____)

Please print clearly and fill out the entire form. Register with the same name you will use for competition. If your name has changed, please include old and new names.

Name: _____ Birth date: _____
Last First Initial Month Day Year

Address: _____ Age: _____ Male Female (circle one)
Street or box number

_____ E-Mail: _____
City State Zip+4 **please-please print carefully**

1st Phone: (____) _____ cell, home, work

***Send The WetSet newsletter by US Postal Mail ***

I am interested helping the PNA committee

2nd Phone: (____) _____ cell, home, work

Coach , Certified Official , YMCA , USA Swimming , USA Triathlon

CLUB: **Pacific NW Aquatics – 001 (PNA) AND Team:** _____
or **Unattached** or **Unattached**

Choose a membership level A or B below.

11/01/08 thru 12/31/09

A. Regular: \$40

B. Need-based or Seniors (65 & over): \$30

Mail to: PNA Registrar, Arni H. Litt,
P O Box 12172
Seattle, WA 98102-0172

Optional Donations:

USMS Endowment Fund \$ _____

International Swimmers Hall of Fame \$ _____

TOTAL \$ _____

Questions: (206) 849-1387

pnaRegistrar@usms.org

Make check payable to: **PNA**

2009 Annual Fee: Of your membership fee \$25 is sent to USMS and \$15 remains with PNA to support our programs. \$8 of the USMS portion is designated for the national publication. (There is no discount for those not wishing to receive the national publication.)

WAIVER: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, THE HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

→ Signature _____ **Date** _____

The United States Masters Swimming Policy on the privacy of member information is at: www.usms.org/admin/privacy.shtml

Remember to check out your LMSC website at www.swimpna.org and the USMS website at www.usms.org for information, updates, and changes.

Information page

The WetSet Newsletter

10 times a year, you will receive an email link to The WetSet. All the newsletters are located at http://www.swimpna.org/wet_set.htm and you can go there to read back issues anytime. If you have NO EMAIL or cannot easily access the online version, we will send you a paper copy. Be sure to check the box on the registration form.

What does your Membership number represent?

The format of your ID is AABC-DDDDD. AA=Club number =36=PNA; B=9=2009, C=a computer generated authentication number/letter, and DDDDD=your personal 5 digit permanent ID number. Membership numbers never contain the letters O, I, L, or Q; letters that look like that are always the numbers zero or one.

Hierarchy:

USMS United States Masters Swimming

Zone Northwest Zone

LMSC Local Masters Swim Committee = **PNA** (Pacific Northwest Association of Master Swimmers)

Club PNA (Pacific Northwest Aquatics) or Unattached to a Club

Team or Workout Groups (see below)

There is no additional fee to be part of Club PNA. At this time all members of Teams or Workout groups are part of Club PNA. You can be a member of the Club and be Unattached to a Team.

If you loose your membership card, you can print a new one at

https://www.clubassistant.com/club/forgot_usms_number.cfm

TEAMS or Workout Groups

BAM:	Bainbridge Area Masters	LOGS:	Logger Masters	SAMM:	Samena Masters
BADD:	Bellevue Aquatic Divas & Dudes	LUNA:	Team Luna	SAC:	Seattle Athletic Club
BC:	Bellevue Club	LWS:	Lynnwood Sharks	SVY:	Skagit Valley YMCA
BEST:	Bellevue Eastside Masters	MSVL:	Marysville YMCA Masters	SSTM:	South Sound Titans Masters
BMSC:	Bellingham Masters Swim Club	MICC:	Mercer Island Country Club	SWIM:	South Whidbey Island Masters
BTAC:	Bremerton Tennis & Athletic Club	MIR:	Mercer Island Redwoods	SSRM:	Swim Seattle Redhawk Masters
BYMS:	Briggs YMCA Masters Swim	MIRM:	Mercer Island Riptide Masters	TACY:	Tacoma Pierce County YMCA
CAAT:	Central Area Aquatics Team	MAMS:	Middle Aged Marlins	TACM:	Thunderbird Aquatic Masters
CAC:	Columbia Athletic Masters (All)	FOIL:	Milfoil Masters Swimmers	TIG:	Tigers
DSYM:	Downtown Seattle YMCA Masters	MYM:	Monroe YMCA Masters	TOSC:	Thurston Olympians Swim Club
EMS:	Everett Masters Swimmers	NHM:	Newport Hills Masters	TVAC:	Tumwater Valley Athletic Club
ESC:	Evergreen Swim Club Masters	NEO:	North End Otters	UNAT:	Unattached to a Team
FAST:	Foothills Aquatics Swim Team	NSYG:	Northshore Y's Guys	UPAC:	University Place Aquatic Club
FWM:	Federal Way Master	NWM:	North Whidbey Masters	VFC:	Valley Fitness Center
FSJ:	Fins of the San Juans	OAC:	Olympic Aquatic Club	WAC:	Washington Athletic Club
FTS:	Ft. Steilacoom	OOPS:	Old Olympic Peninsula Swimmers	WAVE:	WAVE
GHY:	Gig Harbor YMCA	ORCA:	Orca Swim Club	WEST:	West Coast Aquatics Masters
GCMS:	Gold Creek Masters (GCM)	OST:	Ohana Swim Team	WSAS:	West Seattle All-Stars
GAM:	Gold's Aquatics Masters	PAC:	Poseidon Aquatic Club	WSYD:	West Seattle YMCA Dolphins
GGRM:	Gold's Gym Redmond Masters	PSC:	Phinney Ridge Swim Club	WWUS:	Western WA U Masters Swimming
GLAD:	Green Lake Aqua Ducks	PTMS:	Port Townsend Master Swimmers	WCY:	Whatcom County YMCA
HMST:	Husky Masters	PRO:	Pro Sports Club	YNOT:	Y Nauts
IST:	Issaquah Swim Team	QASC:	Queen Anne Swim Club		
LLUA:	Little Lebowski Urban Achievers	RAH:	Redmond Aqua Hotshots		