

PNA

09-25-04

SHORT COURSE METER

P = P.N.A. RECORD

Z = NORTHWEST ZONE RECORD

N = NATIONAL RECORD

W = WORLD RECORD

S = SPLIT TIME

U = UNOFFICAL TIME (1 WATCH)

WOMEN 19-24

50	M.	FREE			
	SARA	ERLANDSEN	20	NWM	31.39
50	M.	BACK			
	SARA	ERLANDSEN	20	NWM	37.28
50	M.	BRST			
	SARA	ERLANDSEN	20	NWM	45.37
50	M.	FLY			
	SARA	ERLANDSEN	20	NWM	35.68
100	M.	I.M.			
	SARA	ERLANDSEN	20	NWM	1:23.09

WOMEN 25-29

100	M.	FREE			
	DEB	NEWMAN	28	WAVE	1:12.42
100	M.	BACK			
	DEB	NEWMAN	28	WAVE	1:23.34
100	M.	BRST			
	DEB	NEWMAN	28	WAVE	1:34.56
100	M.	FLY			
	DEB	NEWMAN	28	WAVE	1:20.63
200	M.	I.M.			
	DEB	NEWMAN	28	WAVE	2:56.22

WOMEN 30-34

50	M.	FREE			
	MEGAN	BUSSART	34	BMSC	32.01
	JESSICA	GALLEGOS	32	UNAT	40.25
	ERIKA	MILLER	33	NWM	40.82
	ELLEN	CULLOM	34	SAC	46.46
100	M.	FREE			
	KAREENA	KING	30	FWM	1:54.50
200	M.	FREE			
	LINDA	HEGEBERG	34	BMSC	2:29.23
50	M.	BACK			
	MEGAN	BUSSART	34	BMSC	40.26
	ERIKA	MILLER	33	NWM	45.36
	JESSICA	GALLEGOS	32	UNAT	49.20
	ELLEN	CULLOM	34	SAC	1:00.53
100	M.	BACK			
	KAREENA	KING	30	FWM	2:15.65
200	M.	BACK			
	LINDA	HEGEBERG	34	BMSC	2:46.31
50	M.	BRST			

MEGAN BUSSART	34	BMSC	42.84
JESSICA GALLEGOS	32	UNAT	51.96
ELLEN CULLOM	34	SAC	52.83
ERIKA MILLER	33	NWM	56.20
100 M. BRST			
KAREENA KING	30	FWM	2:09.80
200 M. BRST			
LINDA HEGERBERG	34	BMSC	2:56.41
50 M. FLY			
MEGAN BUSSART	34	BMSC	37.35
JESSICA GALLEGOS	32	UNAT	45.14
ERIKA MILLER	33	NWM	47.04
ELLEN CULLOM	34	SAC	1:09.77
100 M. FLY			
KAREENA KING	30	FWM	2:05.48
200 M. FLY			
LINDA HEGERBERG	34	BMSC	2:50.81
100 M. I.M.			
MEGAN BUSSART	34	BMSC	1:22.86
JESSICA GALLEGOS	32	UNAT	1:37.46
ERIKA MILLER	33	NWM	1:41.38
ELLEN CULLOM	34	SAC	2:03.07
200 M. I.M.			
KAREENA KING	30	FWM	4:19.35
400 M. I.M.			
LINDA HEGERBERG	34	BMSC	5:42.76

WOMEN 35-39

50 M. FREE			
ANNELLE HARMER	36	EBSC	32.40
SHEILA REYNOLDS	35	WAVE	33.35
JULIA NEFCZYK	36	NWM	35.77
LISA KAUFMAN	35	BMSC	36.24
KATHY MOORE	37	UNAT	38.81
MARY BURRIS	39	MILL	45.16
100 M. FREE			
KERRY DUVALL	39	WAVE	1:09.48
ALLISON MOORE	35	UNAT	1:11.25
200 M. FREE			
ANNELLE HARMER	36	EBSC	2:29.71
50 M. BACK			
SHEILA REYNOLDS	35	WAVE	42.42
LISA KAUFMAN	35	BMSC	44.31
JULIA NEFCZYK	36	NWM	44.45
KATHY MOORE	37	UNAT	45.29
MARY BURRIS	39	MILL	56.67
100 M. BACK			
KERRY DUVALL	39	WAVE	1:22.93
ALLISON MOORE	35	UNAT	1:26.94
50 M. BRST			
SHEILA REYNOLDS	35	WAVE	42.71
LISA KAUFMAN	35	BMSC	52.16
JULIA NEFCZYK	36	NWM	52.55
KATHY MOORE	37	UNAT	52.59
MARY BURRIS	39	MILL	56.07
100 M. BRST			

KERRY DUVALL	39	WAVE	1:29.72
ALLISON MOORE	35	UNAT	1:35.64
50 M. FLY			
ANNELLE HARMER	36	EBSC	35.56
SHEILA REYNOLDS	35	WAVE	38.08
JULIA NEFCZYK	36	NWM	40.08
LISA KAUFMAN	35	BMSC	40.24
KATHY MOORE	37	UNAT	44.53
MARY BURRIS	39	MILL	1:02.50
100 M. FLY			
KERRY DUVALL	39	WAVE	1:21.47
ALLISON MOORE	35	UNAT	1:21.51
100 M. I.M.			
ANNELLE HARMER	36	EBSC	1:23.47
SHEILA REYNOLDS	35	WAVE	1:24.64
LISA KAUFMAN	35	BMSC	1:31.24
JULIA NEFCZYK	36	NWM	1:32.93
KATHY MOORE	37	UNAT	1:44.66
MARY BURRIS	39	MILL	1:56.80
200 M. I.M.			
KERRY DUVALL	39	WAVE	2:59.84

WOMEN 40-44

50 M. FREE			
BECKY KLIEMAN	41	NWM	37.06
100 M. FREE			
ERIN BURGMAN	42	TOSC	1:06.08
DALE FREEMAN	44	WAVE	1:11.59
PENNY BATES	43	BMSC	1:12.91
50 M. BACK			
BECKY KLIEMAN	41	NWM	47.67
100 M. BACK			
ERIN BURGMAN	42	TOSC	1:19.06
DALE FREEMAN	44	WAVE	1:21.34
PENNY BATES	43	BMSC	1:26.01
50 M. BRST			
BECKY KLIEMAN	41	NWM	50.30
100 M. BRST			
DALE FREEMAN	44	WAVE	1:31.32
PENNY BATES	43	BMSC	1:34.78
ERIN BURGMAN	42	TOSC	1:36.98
50 M. FLY			
BECKY KLIEMAN	41	NWM	42.28
100 M. FLY			
DALE FREEMAN	44	WAVE	1:16.96
ERIN BURGMAN	42	TOSC	1:19.03
PENNY BATES	43	BMSC	1:23.13
100 M. I.M.			
BECKY KLIEMAN	41	NWM	1:35.00
200 M. I.M.			
DALE FREEMAN	44	WAVE	2:50.48
ERIN BURGMAN	42	TOSC	2:51.03
PENNY BATES	43	BMSC	2:58.49

WOMEN 45-49

50	M.	FREE			
		NANCY TOWNSEND	49	MILL	34.78
100	M.	FREE			
		JUDY HAWKSWORTH	45	BEST	1:15.14
		KATHY GRAHAM	46	WAVE	1:19.18
50	M.	BACK			
		NANCY TOWNSEND	49	MILL	42.67
100	M.	BACK			
		KATHY GRAHAM	46	WAVE	1:22.40
		JUDY HAWKSWORTH	45	BEST	1:29.17
50	M.	BRST			
		NANCY TOWNSEND	49	MILL	45.10
100	M.	BRST			
		JUDY HAWKSWORTH	45	BEST	1:31.06
		KATHY GRAHAM	46	WAVE	1:41.54
50	M.	FLY			
		NANCY TOWNSEND	49	MILL	39.05
100	M.	FLY			
		JUDY HAWKSWORTH	45	BEST	1:25.58
		KATHY GRAHAM	46	WAVE	1:26.05
100	M.	I.M.			
		NANCY TOWNSEND	49	MILL	1:27.64
200	M.	I.M.			
		JUDY HAWKSWORTH	45	BEST	2:57.93 P
		KATHY GRAHAM	46	WAVE	3:10.27

 WOMEN 50-54

50	M.	FREE			
		TAAN DONOSO	53	WSYD	50.66
		REBECCA LOGSDON	50	SAC	53.54
100	M.	FREE			
		DONA WILLIAMS	51	UNAT	1:19.81
50	M.	BACK			
		TAAN DONOSO	53	WSYD	59.86
		REBECCA LOGSDON	50	SAC	1:00.45
100	M.	BACK			
		DONA WILLIAMS	51	UNAT	1:38.19
50	M.	BRST			
		REBECCA LOGSDON	50	SAC	1:03.04
		TAAN DONOSO	53	WSYD	1:05.57
100	M.	BRST			
		DONA WILLIAMS	51	UNAT	1:40.85
50	M.	FLY			
		TAAN DONOSO	53	WSYD	59.98
		REBECCA LOGSDON	50	SAC	1:07.54
100	M.	FLY			
		DONA WILLIAMS	51	UNAT	1:40.05
100	M.	I.M.			
		REBECCA LOGSDON	50	SAC	2:08.14
		TAAN DONOSO	53	WSYD	2:11.83
200	M.	I.M.			
		DONA WILLIAMS	51	UNAT	3:23.56

 WOMEN 55-59

50	M.	FREE			
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KAETCHE MILLER	57	LUNA	40.26
JEANNE ENSIGN	58	GLAD	49.79
50 M. BACK			
KAETCHE MILLER	57	LUNA	47.12
JEANNE ENSIGN	58	GLAD	1:01.53
50 M. BRST			
KAETCHE MILLER	57	LUNA	48.76
JEANNE ENSIGN	58	GLAD	1:15.40
50 M. FLY			
KAETCHE MILLER	57	LUNA	51.34
JEANNE ENSIGN	58	GLAD	1:04.38
100 M. I.M.			
KAETCHE MILLER	57	LUNA	1:43.67
JEANNE ENSIGN	58	GLAD	2:14.07

 WOMEN 60-64

200 M. FREE			
BONNIE PRONK	62	MSBC	2:54.07
200 M. BACK			
BONNIE PRONK	62	MSBC	3:07.85 N
200 M. BRST			
BONNIE PRONK	62	MSBC	3:21.49
200 M. FLY			
BONNIE PRONK	62	MSBC	3:25.59
400 M. I.M.			
BONNIE PRONK	62	MSBC	6:38.87

 WOMEN 70-74

50 M. FREE			
KAREN BRYCE	71	GLAD	1:00.44
100 M. FREE			
JANET KAVADAS	73	NEO	2:16.42
200 M. FREE			
EULAH VARTY	70	MSBC	4:03.26
50 M. BACK			
KAREN BRYCE	71	GLAD	1:25.50
100 M. BACK			
JANET KAVADAS	73	NEO	2:38.01
200 M. BACK			
EULAH VARTY	70	MSBC	4:47.83
50 M. BRST			
KAREN BRYCE	71	GLAD	1:10.44
100 M. BRST			
JANET KAVADAS	73	NEO	2:39.90
200 M. BRST			
EULAH VARTY	70	MSBC	4:21.87
50 M. FLY			
KAREN BRYCE	71	GLAD	1:28.28
200 M. FLY			
EULAH VARTY	70	MSBC	5:36.32
100 M. I.M.			
KAREN BRYCE	71	GLAD	2:39.27
200 M. I.M.			
JANET KAVADAS	73	NEO	5:31.89
400 M. I.M.			

EULAH VARTY 70 MSBC 9:26.87

WOMEN 80-84

50 M. FREE
ELSA DELEEUW 80 WAVE 46.80
50 M. BACK
ELSA DELEEUW 80 WAVE 1:05.05
50 M. BRST
ELSA DELEEUW 80 WAVE 1:00.49
50 M. FLY
ELSA DELEEUW 80 WAVE 1:09.77
100 M. I.M.
ELSA DELEEUW 80 WAVE 2:07.67

M E N 19-24

50 M. FREE
CONNOR DOYLE 24 WIN 26.27
JASEN SPEER 23 NSYG 27.02
KYLE BYERS 23 NSYG 31.82
50 M. BACK
CONNOR DOYLE 24 WIN 31.10
JASEN SPEER 23 NSYG 34.03
KYLE BYERS 23 NSYG 40.60
50 M. BRST
CONNOR DOYLE 24 WIN 33.72
JASEN SPEER 23 NSYG 38.80
KYLE BYERS 23 NSYG 42.57
50 M. FLY
CONNOR DOYLE 24 WIN 28.61
JASEN SPEER 23 NSYG 31.57
KYLE BYERS 23 NSYG 33.89
100 M. I.M.
CONNOR DOYLE 24 WIN 1:05.52
JASEN SPEER 23 NSYG 1:13.22
KYLE BYERS 23 NSYG 1:22.22

M E N 30-34

100 M. FREE
STEVEN ROSARIA 30 PRO 1:01.90
TOM SCHULZ 33 UNAT 1:08.39
50 M. BACK
STEVEN ROSARIA 30 PRO 36.07
100 M. BACK
TOM SCHULZ 33 UNAT 1:28.60
100 M. BRST
TOM SCHULZ 33 UNAT 1:31.81
100 M. FLY
KEVAN BATES 33 WIN 1:03.76
TOM SCHULZ 33 UNAT 1:35.00
200 M. I.M.
KEVAN BATES 33 WIN 2:21.65
TOM SCHULZ 33 UNAT 3:02.68

M E N 35-39

50 M. FREE
 MARK OLDHAM 35 EBSC 26.29
 GREG MARGHARITIS 38 WIN 26.93
 IAN PRICKETT 36 UNAT 32.21
 WILLIAM GARBER 35 LYNN 32.44
 KERRY NESS 35 SVY 35.13

100 M. FREE
 DAVID KAYS 37 UNAT 1:02.26

50 M. BACK
 MARK OLDHAM 35 EBSC 31.88
 GREG MARGHARITIS 38 WIN 35.19
 IAN PRICKETT 36 UNAT 39.97
 WILLIAM GARBER 35 LYNN 40.31
 KERRY NESS 35 SVY 46.96

100 M. BACK
 DAVID KAYS 37 UNAT 1:15.57

50 M. BRST
 MARK OLDHAM 35 EBSC 33.92
 GREG MARGHARITIS 38 WIN 37.66
 WILLIAM GARBER 35 LYNN 39.23
 IAN PRICKETT 36 UNAT 40.65
 KERRY NESS 35 SVY 42.27

100 M. BRST
 DAVID KAYS 37 UNAT 1:19.24

50 M. FLY
 MARK OLDHAM 35 EBSC 28.79
 GREG MARGHARITIS 38 WIN 29.63
 IAN PRICKETT 36 UNAT 35.20
 WILLIAM GARBER 35 LYNN 35.56
 KERRY NESS 35 SVY 38.27

100 M. FLY
 DAVID KAYS 37 UNAT 1:09.96

100 M. I.M.
 MARK OLDHAM 35 EBSC 1:06.72
 GREG MARGHARITIS 38 WIN 1:18.58
 IAN PRICKETT 36 UNAT 1:20.33
 WILLIAM GARBER 35 LYNN 1:24.25
 KERRY NESS 35 SVY 1:29.93

200 M. I.M.
 DAVID KAYS 37 UNAT 2:38.41

M E N 40-44

50 M. FREE
 JAMES LITTLEFIELD 44 SAC 27.82
 JEFF YOUNG 40 UNAT 29.11
 MICHAEL TURCOTT 41 TOSC 32.81
 DOUG PARRISH 44 FWM 32.83

100 M. FREE
 CRAIG SLATER 44 WAVE 1:05.45
 KEITH KENDAL 43 MSBC 1:07.21
 TOM PERCY 44 MSBC 1:17.24

200 M. FREE
 DAN SMITH 42 FWM 2:23.05

50 M. BACK
 JAMES LITTLEFIELD 44 SAC 32.08

JEFF YOUNG	40	UNAT	38.09
DOUG PARRISH	44	FWM	43.09
MICHAEL TURCOTT	41	TOSC	47.81
100 M. BACK			
CRAIG SLATER	44	WAVE	1:14.19
KEITH KENDAL	43	MSBC	1:22.93
TOM PERCY	44	MSBC	1:39.36
200 M. BACK			
DAN SMITH	42	FWM	3:02.97
50 M. BRST			
JAMES LITTLEFIELD	44	SAC	39.52
JEFF YOUNG	40	UNAT	40.60
DOUG PARRISH	44	FWM	45.32
MICHAEL TURCOTT	41	TOSC	45.99
100 M. BRST			
CRAIG SLATER	44	WAVE	1:20.75
KEITH KENDAL	43	MSBC	1:28.26
TOM PERCY	44	MSBC	1:38.19
200 M. BRST			
DAN SMITH	42	FWM	2:53.26
50 M. FLY			
JAMES LITTLEFIELD	44	SAC	30.76
JEFF YOUNG	40	UNAT	34.21
DOUG PARRISH	44	FWM	37.90
MICHAEL TURCOTT	41	TOSC	41.67
100 M. FLY			
CRAIG SLATER	44	WAVE	1:11.73
KEITH KENDAL	43	MSBC	1:14.56
TOM PERCY	44	MSBC	1:36.89
200 M. FLY			
DAN SMITH	42	FWM	2:45.03
100 M. I.M.			
JAMES LITTLEFIELD	44	SAC	1:13.23
JEFF YOUNG	40	UNAT	1:19.55
DOUG PARRISH	44	FWM	1:27.94
MICHAEL TURCOTT	41	TOSC	1:30.67
200 M. I.M.			
CRAIG SLATER	44	WAVE	2:36.98
KEITH KENDAL	43	MSBC	2:49.05
TOM PERCY	44	MSBC	3:25.08
400 M. I.M.			
DAN SMITH	42	FWM	5:47.76

M E N 45-49

50 M. FREE			
BOB SCHLEMMER	45	SAC	28.78
PERRY MORIN	46	GLAD	28.85
100 M. FREE			
MARC NORSEN	47	NSYG	1:06.43
JOHN HODSON	45	MSBC	1:10.95
200 M. FREE			
MIKE DOWD	46	MACO	2:40.68
50 M. BACK			
BOB SCHLEMMER	45	SAC	37.81
PERRY MORIN	46	GLAD	39.79
100 M. BACK			

MARC NORSEN	47 NSYG	1:20.53
JOHN HODSON	45 MSBC	1:22.69
200 M. BACK		
MIKE DOWD	46 MACO	3:14.68
50 M. BRST		
PERRY MORIN	46 GLAD	38.25
BOB SCHLEMMER	45 SAC	40.22
100 M. BRST		
MARC NORSEN	47 NSYG	1:22.95
JOHN HODSON	45 MSBC	1:29.79
200 M. BRST		
MIKE DOWD	46 MACO	3:09.75
50 M. FLY		
BOB SCHLEMMER	45 SAC	31.36
PERRY MORIN	46 GLAD	34.31
100 M. FLY		
MARC NORSEN	47 NSYG	1:14.90
JOHN HODSON	45 MSBC	1:19.59
200 M. FLY		
MIKE DOWD	46 MACO	3:15.87
100 M. I.M.		
BOB SCHLEMMER	45 SAC	1:16.69
PERRY MORIN	46 GLAD	1:19.95
200 M. I.M.		
MARC NORSEN	47 NSYG	2:44.81
JOHN HODSON	45 MSBC	2:47.93
400 M. I.M.		
MIKE DOWD	46 MACO	6:34.79

M E N 50-54

50 M. FREE		
SCOTT NEUHAUS	50 LYNN	29.66
100 M. FREE		
JOHN MCMANUS	50 NAVY	1:07.75
50 M. BACK		
SCOTT NEUHAUS	50 LYNN	38.18
100 M. BACK		
JOHN MCMANUS	50 NAVY	1:23.67
50 M. BRST		
BILL KRIEGER	50 SVY	36.74 P
SCOTT NEUHAUS	50 LYNN	38.72
100 M. BRST		
JOHN MCMANUS	50 NAVY	1:29.51
50 M. FLY		
SCOTT NEUHAUS	50 LYNN	32.37
100 M. FLY		
JOHN MCMANUS	50 NAVY	1:25.23
100 M. I.M.		
SCOTT NEUHAUS	50 LYNN	1:17.93
200 M. I.M.		
JOHN MCMANUS	50 NAVY	2:57.13

M E N 55-59

50 M. FREE		
R BARNEY VOEGTLEN	55 BAM	30.11 P

100	M.	FREE			
		STEVE PETERSON	58	OOPS	1:12.97
200	M.	FREE			
		THOMAS WALKER	57	UNAT	3:28.41
50	M.	BACK			
		R BARNEY VOEGTLEN	55	BAM	38.73
100	M.	BACK			
		STEVE PETERSON	58	OOPS	1:30.97
200	M.	BACK			
		MICHAEL MCCOLLY	59	NEO	2:53.59
		THOMAS WALKER	57	UNAT	4:05.02
50	M.	BRST			
		R BARNEY VOEGTLEN	55	BAM	42.72
100	M.	BRST			
		STEVE PETERSON	58	OOPS	1:22.96 P
200	M.	BRST			
		THOMAS WALKER	57	UNAT	4:14.55
50	M.	FLY			
		R BARNEY VOEGTLEN	55	BAM	36.83
100	M.	FLY			
		STEVE PETERSON	58	OOPS	1:25.74
200	M.	FLY			
		THOMAS WALKER	57	UNAT	4:30.24
100	M.	I.M.			
		R BARNEY VOEGTLEN	55	BAM	1:21.61
200	M.	I.M.			
		STEVE PETERSON	58	OOPS	2:53.91
400	M.	I.M.			
		MICHAEL MCCOLLY	59	NEO	6:05.73
		THOMAS WALKER	57	UNAT	8:15.15

M E N 60-64

50	M.	FREE			
		AART LOOYE	60	WIN	34.02
		ALLAN MCDUGALL	63	NWM	34.83
200	M.	FREE			
		GARY CHASE	64	TACY	2:49.26
50	M.	BACK			
		AART LOOYE	60	WIN	39.16
		ALLAN MCDUGALL	63	NWM	39.99
200	M.	BACK			
		GARY CHASE	64	TACY	3:01.60
50	M.	BRST			
		ALLAN MCDUGALL	63	NWM	41.95
		AART LOOYE	60	WIN	57.87
200	M.	BRST			
		GARY CHASE	64	TACY	3:22.79 P
50	M.	FLY			
		AART LOOYE	60	WIN	40.15
		ALLAN MCDUGALL	63	NWM	42.36
200	M.	FLY			
		GARY CHASE	64	TACY	3:39.74
100	M.	I.M.			
		ALLAN MCDUGALL	63	NWM	1:26.71
		AART LOOYE	60	WIN	1:37.93
400	M.	I.M.			

GARY CHASE 64 TACY 6:41.15 P

M E N 70-74

50 M. FREE
 DON REHFELDT 70 UNAT 42.58
200 M. FREE
 TOM FOLEY 70 TIG 4:23.21
50 M. BACK
 DON REHFELDT 70 UNAT 56.70
200 M. BACK
 TOM FOLEY 70 TIG 4:28.18
50 M. BRST
 DON REHFELDT 70 UNAT 51.17
200 M. BRST
 TOM FOLEY 70 TIG 4:45.10
50 M. FLY
 DON REHFELDT 70 UNAT 56.54
200 M. FLY
 TOM FOLEY 70 TIG 5:38.16
100 M. I.M.
 DON REHFELDT 70 UNAT 1:53.35
400 M. I.M.
 TOM FOLEY 70 TIG 9:50.40

M E N 75-79

200 M. FREE
 HARVEY PROSSER 76 NWM 3:18.82
200 M. BACK
 HARVEY PROSSER 76 NWM 4:10.04 P
200 M. BRST
 HARVEY PROSSER 76 NWM 4:37.11 P
200 M. FLY
 HARVEY PROSSER 76 NWM 4:49.31 Z
400 M. I.M.
 HARVEY PROSSER 76 NWM 8:41.73 P

