

<u>CATEGORY</u>	<u>CONTRIBUTOR</u>	<u>DEC</u>	<u>JAN</u>	<u>FEB</u>	<u>MAR</u>	<u>APR</u>	<u>MAY/JUN</u>	<u>JUL/AUG</u>	<u>SEP</u>	<u>OCT</u>	<u>NOV</u>	<u>DEC</u>
<b><u>Regular Features</u></b>												
Leading Off column	Steve	X	X	X	X	X	X	X	X	X	X	X
Calendar	Ron	X	X	X	X	X	X	X	X	X	X	X
New Swimmers	Arni	X	X	X	X	X	X	X	X	X	X	X
Board Summary	Herb	X	X	X	X	X	X	X	X	X	X	X
Meet Entry Forms	Lee	X	X	X	X	X	X	X	X	X	X	X
Results	Walt	X	X	X	X	X	X	X	X	X	X	X
<b><u>Articles</u></b>												
Feature article	Ron	X	X	X	X	X	X	X	X	X	X	X
Technique	Lisa / Coaches Comm.		X			X			X			
Fitness	Sarah			X			X			X		
Health	Jane				X			X			X	
Personal Interest			X				X					X
Clinics	Sarah	X			X				X			
Long Distance/Open Water	Sally			X		X		X				X
Race Reports	Lee/Meet Director	X	X	X	X	X	X	X	X	X	X	X
Rules / Officiating	Kathy / Jan	X		X		X		X		X		X
Records	Walt				X							
Workout group profiles	Ron / Coaches Comm.	X		X		X		X		X		X
<b><u>Ads &amp; Announcements</u></b>												
Volunteer opportunities	Sally	X	X	X	X	X	X	X	X	X	X	X
<b><u>Feature topic list</u></b>												
Developing an annual training plan	300-500 words	X										
<b><u>Short article topic list</u></b>												
What does unattached mean?	200-300 words Arni/Ron	X										X
Highlight PNA records before Chamj	Walt				X							

#### **NOTES**

Coaches pursuing ASCA certification are required to publish - we can provide an avenue, or ask to reprint what they publish elsewhere  
 Need to refresh prior approval from magazines (Swimmer, Triathlete, Competitor, etc) to reprint some or all of articles they have published