

2011 PNA Teams as of Oct. 5, 2011

Team/Abbreviation/W	Coach/Team Rep	Pool	Times
Bainbridge Aquatic Masters BAM http://www.bainbridge.org	April Cheadle (206) 842-2302 x 107 april@biparks.org Orlando Boleda (206) 780-8393	Bainbridge Aquatic Center 8521 Madison Ave 206-842-2302	5:15- 6:30 am T - Th 9:00 -10:15 am M -Th 10:30 am -11:45 am M,W Noon -1:15 pm M -Th 7:00 - 8:30 am Sat
Bellevue Club BC http://bellevuewa.gov/aquatic_program.htm	Karen Dugan (425) 688-3127 kidugan@comcast.net Melissa Stepp (425) 688-3127 melissas@bellevueclub.com	Bellevue Club 11200 SE 6th St Bellevue, WA 98004 4254551616	5:45 - 7:00 am T, Th, F 9:00 - 10:00 am T, Th Noon - 1 pm M - F 7-8:30 am Sat
Bellingham Masters Swim Club BMSC www.b-m-s-c.org	Lisa Kaufman 360-734-2506 lbkauf@clearwire.net Bob Fish (360) 733-2385 thefish102@comcast.net	Arne Hanna Aquatic Center 1114 Potter St Bellingham, WA 98226 (360) 647-7665	5:30-7:00 am M,T,Th,F 7:00-8:00 pm T,Th
Blue Wave Aquatics (previously) Federal Way Masters BWAQ http://www.bluewave-aquatics.com/	Wendy Neely (206) 793-9391 wendymal@mac.com Judy Williams (206) 242-7802 judyswims@comcast.net	1. King County Aquatic Center (KCAC) 2. Federal Way Community Center (FWCC) 3. Kent Meridian Pool (MP) 4. Fife Swim Center 5. Evergreen Community Aquatic Center 1. 600 SW Campus Dr Federal Way, WA 98023 2. 876 S. 333rd Street Federal Way, WA 98063 3. 25316 101st Ave SE Kent WA 98030 4. 5410 20th St. E. Fife, WA 98424 5. 606 SW 116th St Seattle, 98146 1. (206) 296-4444 1. (253) 927-5173 2. (253) 835-6900 3. (253) 854-9287 4. (253) 922-7665 5. (206) 588-2297	1. KCAC 5:30-6:45 am M,T,Th,F 9:30-10:45 am M,W,F 2. FWCC 7:00-8:30 am Sat 3. Kent 5:30-6:30 am M, W 4. Fife 8:00-9:00 pm M, Th 6:00-7:00 pm F 5. Evergreen 7:00-8:00 pm M, W 5:30-6:30 am T, Th Check the website for changes
Central Area Aquatics Team CAAT	Lisa Dahl (206) 251-1278 lisaisswimming@hotmail.com Sarah Welch (206) 359-2588 sarahwelch@comcast.net	Medgar Evers 500 23rd Ave (206) 684-4766	TBA
Columbia Athletic Masters CAC www.columbiaathletic.com	Katie McDorman 425-313-0123 kt.mcdorman@gmail.com Vincent Cucinelli (425) 313-0123 vincentC@columbiaathletic.com	Pine Lake Club 2930 228th Ave SE Sammamish WA 98075 (425) 313-0123	5:30 - 6:30 am M, T, Th 7:00 - 8:30 am Sat
Downtown / Bellevue Swim Team DBST //Bestmasters.home.comcast.net	Michael McKinlay 4254179770 coachmichael@usms.org Melissa Chamberlin (425) 746-6973 mchamberlin@seattleyymca.org	1. Bellevue Family YMCA 2. Downtown Seattle YMCA 3. Coal Creek YMCA 1. 14230 Bel-Red Road Bellevue, WA 98007 2. 909 4th Ave, Seattle 98104 4257469900	1. 5:00 - 6:15 , 6:00-7:30 am MWF 5:00 - 6:00 pm W 8:00 - 9:00 am Sat 2. 6:00 - 7:00 am T, Th 5:30 - 6:30 pm T, Th 3. 6:00 - 7:00 am T, W, Th
Fins of San Juans FSJ	Brenda Beckett (360) 370-5572 bb@rockisland.com Brenda Beckett (360) 370-5572 bb@rockisland.com	San Juan Island Fitness Cntr. Friday Harbor, WA 98250 (360) 378-4449	1:00 - 2:00 pm M, W, Th, F
Fort Steilacoom FTS	Kathrine J. Casey (253) 588-4879 kathyj.casey@comcast.net Kathrine J. Casey (253) 381-4178 kathyj.casey@comcast.net	Lakewood YMCA 9715 Lakewood Drive SW Lakewood, WA 98499 (253) 584-9622	Vary - Contact Kathy

Gold's Eastside Masters GEM	Stella Preissler (425) 240-9691 stellap@goldsgymnorthwest.com Stella Preissler (425) 868-1883	Gold's Gym Redmond, WA 98052 7959 178th Pl Redmond, WA 98052 (425) 883-9494	6:00-7:00 pm M, W
Green Lake Aqua Ducks GLAD www.gladswim.org	David Tourigny 206-719-3695 tourigd@yahoo.com Rob Dunlop 206-715-9623 rdunlop46@gmail.com	1. Evans Pool - Green Lake Comm Center 1. 7201 E Green Lake Dr N Seattle, WA 98115-5301 (206) 684-4961 2. Colman Pool Lincoln Park, West Seattle	1. 5:00-6:00 am M-F 7:00-8:30 Sat 2. summer - check website for outdoor swims
Gig Harbor Old Swimmers Team GOST	Mike Kelly 253-265-2739 tdieswim@gmail.com Mike Kelly 253-265-2739 tdieswim@gmail.com	Gig Harbor High School 5101 rosedale St Gig Harbor, WA 98335	5:30 - 7:00 pm M, W
Husky Masters HMST www.huskymasters.org	Erik Epler (559) 281-1159 emepler@gmail.com Tim Essington (206) 616-0133 tessington@gmail.com	UW Hec Ed Pavilion Pool UW Campus near stadium	5:30 - 7:30 pm M, W, F
Issaquah Swim Team Masters IST www.istsockeyes.org	Kyle Johnson 425-392-3996 iamcoach@aol.com Kathleen Haase (425) 392-3996 office@istsockeyes.org	Julius Boehm Pool 50 SE Clark ST Issaquah, WA 98027	5:00 - 6:30 am M, W, F
Logger Masters LOGS	Bob Moore 206-268-0646 bob.moore@publicis-usa.com Bob Moore 206-268-0646 bob.moore@publicis-usa.com	various Washington Athletic Club Sand Point	various
Lake Washington Masters LWM www.lakewashingtonmasters.com	Becca Watson (425) 936-1627 BeccaWatson@msn.com Becca Watson (425) 823-7627 BeccaWatson@msn.com	Juanita Aquatic Center 870010601 NE 132nd St Kirkland, WA 98034 (425) 936-1627	Feb - Aug 6:00 - 7:00 am M - F 12:00 - 1:00 pm M - F 10:00 - 11:15 am Sat Sept - Jan 6:15 - 7:30 am M - F 12:00 - 1:00 pm M - F 10:00 - 11:15 am Sat
Middle Aged Marlins MAMS	Kirby Schaufler (360) 653-6630 kirbsch@comcast.net Kirby Schaufler (360) 653-6630 kirbsch@comcast.net	Marysville Pilchuck High School 5611 108th St. NE Marysville WA 98271	5:30 - 7:00 am T, Th, F
Mercer Island Redwoods MIR redwoods.freehostia.com	J. Michael Schaeffer (206) 232-6552 margaux56@aol.com Thomas Grandine (425) 391-7833 thomas.a.grandine@boeing.com	Mercerwood Shore Club 4150 E Mercer Way Mercer Island, WA 98040	5:30 - 7:00 am M-F
Monroe YMCA Masters MYM www.ymca-snoco.org/monroe	Jenny Fordham (425) 923-3535 fordhamjen@aol.com (360) 805-1879 cklever@ymca-snoco.org	Monroe YMCA 14033 Fryelands Blvd Monroe, WA 98272 (360) 805-1879	6:00 - 7:00 am T, Th, F

Mukilteo YMCA MUKY	Joel Dodds (321) 266-4748 usnadadjoel@gmail.com Joel Dodds (321) 266-4748 usnadadjoel@gmail.com	Mukilteo YMCA 10601 47th Place W Mukilteo, WA 98275	8:00 - 9:00 PM M, W
North End Otters NEO	Robin O'Leary (206) 525-7725 robinoleary@comcast.net Robin O'Leary (206) 525-7725 robinoleary@comcast.net	Shoreline Pool 19030 1st Ave NE Shoreline, WA 98155 2063621307	7:00-8:00 am M-F
North Whidbey Masters NWM www.oakharborpool.com/nway/nwm	Neil Romney 360-675-7665 headcoach@oakharborpool.com Neil Romney 360-675-7665 headcoach@oakharborpool.com	John Vanderzicht Memorial Pool 85 SE Jerome ST Oak Harbor WA 98277 3606757665	5:30-6:30 am M,T,Th Noon-1:15 pm M,W,F
Ohana Swim Team OST www.ohanaswimteam.com	Dan Balderson (253) 209-7693 balderson.d@comcast.net Kris Speir (253) 627-5727 kspeir6@aol.com	Stadium High School 111 N E St Tacoma, WA 98403 (253) 571-3100	6:30-8:00 pm M-F 7:00-8:15 pm F
Olympic Aquatic Club OAC www.oacswim.org	Marilyn Grindrod (360) 638-1435 coachmarilyng@Centurytel.net Marilyn Grindrod (360) 638-1435	Olympic Swim Center 7070 Stampede Blvd Bremerton, WA 98311	7:30 - 8:30 pm M, W 7:00 - 8:15 pm F
ORCA Swim Team ORCA www.orcaswimteam.org	Paul Ikeda board@orcaswimteam.org Ryan Robertson & Jeff Meehan (202) 656-7227 pna@orcaswimteam.org	Seattle University-Connolly Center 14th Ave & Cherry St Seattle	5 - 6:15 pm Sun 7:30 - 8:45 pm M, W, F 7:30 - 8:45 pm Th (Fall & Winter)
Phinney Ridge Swim Club PSC	Caroline Brown (206) 783-4436 mcleanbrown@comcast.net Peter Berner-Hays (206) 706-1184 berner-hays@msn.com	1. Ballard Pool 2. Lake Washington 1471 NW 67th Seattle (206) 684-4094	1. 6:00 - 7:15 am M-F generally 3. June-Oct Saturdays Lake swim call Coach for details
Port Townsend Masters PTMS	Ann Bailey (360) 385-6351 ajbailey@q.com Ann Bailey (360) 385-6351 ajbailey@q.com	Mountain View School 1919 Blaine St Pt. Townsend, WA 98368-6329	6:45-8:30 pm M, W subject to change-Call 9:30-11:00 am Sun
Queen Anne Swim Club QASC www.teamunify.com/http://www.teamunify.com/Home.jsp?team=qasc	Edward J. Artis (206)793-3099 edmainlines@comcast.net Edward J. Artis (206)793-3099 edmainlines@comcast.net	Queen Anne Pool 2121 1st Ave W Seattle 98119	8:00-9:30 pm Wed 8:00-9:00 pm Fri 9:30-11:00 am Sun
Seattle Athletic Club Downtown SAC www.sacdt.com	Lynn Wells (206) 371-6710 swimlynn@usms.org Lynn Wells (206) 371-6710 swimlynn@usms.org	SAC 2020 Western Ave Seattle 98121	6:30-7:30 pm T, Th 8:00-9:15 am Sat

Skagit Valley Master Swimming SVMS www.swimsvms.org	Shannon Singer 619-665-1093 ssinger70@aol.com Kerry Ness (360) 770-1969 a_qua_man@hotmail.com	Skagit Valley Family YMCA 215 E Fulton St Mount Vernon WA 98273 (360) 419-7207	5:30 - 7:00 am T, Th Noon - 1 pm M, F 7:30 - 9:00 pm W (by appointment) 7:00 - 9:00 am Sat Check website for details on summer open water practices
South Sound Masters Swimming SSMS www.southsoundymca.org	Melvin H. Smith (360) 753-6576, 970-9466 melcomplynow@msn.com Paul Avery (360) 753-6576, ext 1117 averyp@ssymca.net	Briggs Community YMCA Olympia, WA 98501-4684 1530 Yelm Highway SE (360) 753-6576, ext 1117	6:45-8:00 am M, W, F
South Sound Masters Swimming SSMS www.evergreenswimclub.org	Ken Rice & Josh Trotter, SSMS Coach Evergreen Swim Club (360) 790-0537 swimkenswim@yahoo.com Lauralee Carson (360) 539-7873 lauralee.carson@comcast.net	The Evergreen State College Pool 2700 Evergreen Parkway NW Olympia, WA 98505	6:30 - 7:15 am M, W, Th 8:00 - 10:00 am Sat
South Sound Masters Swimming SSMS www.thurstonolympians.org	Charlie Norman, SSMS Coach Thurston Olympians (360) 754-9031 cgclam@aol.com Charlie Norman (360) 754-9031 cgclam@aol.com	North Thurston High School 600 Sleater Kinney Rd NE Lacey, WA	5:30 - 6:34 am T, Th, F
Swim Seattle Redhawk Masters SSRM www.seattleu.edu/recsports	Evan Bernier 206 327-1356 bernier.evan@gmail.com Kristen Christopher (206) 296-2842 christok@seattleu.edu	Seattle University -Connolly Center 550 14th Ave Seattle, WA 98122	6:05 am M, W, F 7:00 am T, Th
South Whidbey Island Masters SWIM	Kristi Eager 3603214469 keager6@gmail.com John deWit (360) 579-3079 blackdog@whidbey.com	Island Athletic Club 5522 S Freeland Ave Freeland, WA 98249 (360) 331-2582	5:20-6:30 am M, W, F 6:30-7:30 pm W
Thunderbird Aquatic Club Masters TACM www.thunderbirdswim.org	Jason Hunter (360) 293-0673 x 14 jhunter@fidalgopool.com Lee Carlson, Jeff Morrison (360) 460-0127 lee.carlson211@gmail.com sonicjeff@gmail.com	Fidalgo Pool & Fitness Center 1603 22nd St Anacortes, WA 98221 3602930673	6:00 - 7:00 pm T 12:00 - 1:00 pm Th 5:30 - 6:30 pm F 7:00 - 9:30 am Sat
West Coast Aquatics Masters WEST www.westcoastaquatics.us	Nick Chevalier (425) 379-8806 nick@westcoastaquatics.us Nick Chevalier (425) 379-8806 nick@westcoastaquatics.us	West Coast Family Aquatic Center 15622 Country Club Dr Mill Creek, 98012 (425) 379-8806	9:00 - 10:30 am M, W, F
Western Washington University Masters Swimming WWUS www.wvu.edu/depts/swim	Benjamin Whitefield (425) 591-3394 ben_g111@comcast.net Michela Lecoq (206) 819-4444 michelalecoq@msn.com	WWU Student Recreation Center 1880 Bill McDonald Pkwy 516 High St Bellingham, WA 98225	7:00 - 9:00 pm M-Th When school is in session
(Gig Harbor YMCA) YMCAPKC Sound Aquatic Swimmers YPKC WWW.YMCAPKC.ORG	Carolyn Oury (253) 534-7861 coury@ymcapkc.org Carolyn Oury (253) 534-7861 coury@ymcapkc.org	Gig Harbor YMCA Morgan YMCA Lakewood YMCA Tacoma center YMCA Mel Korum YMCA Gig Harbor, WA 98332 Tacoma, WA	See Website