

# Pacific Northwest Association of Masters Swimmers

## 2010 Local Team Registration

To register your team for 2010, please fill out and return the form below. (Teams must be registered to compete as a team and to be eligible for team awards at the SCY PNA Championships held each April. All team members competing in the meet must be currently registered with USMS.) As of 2009, the definition of a team is a group of four (4) or more swimmers. If you do not expect our team to have four swimmers, please contact me.

PNA will provide each team with a USMS Rule Book, which contains rules for Swimming, Competition, Long distance Swimming, Athletes' Rights, and Organization and Bylaws. Please indicate who should receive the USMS Rule Book

<b>Team Name:</b>		<b>Abbreviation (4 letters max):</b>	
<b>Team Rep</b>	Name:		
	Address:		
	City:	Zip:	
	Phone:		
	e-mail:		
<b>Team Coach</b>	Name:		
	Address:		
	City:	Zip:	
	Phone:		
	e-mail:		
<b>Workout Pools</b>	Pool name:		
	Address:		
<b>Website</b>			
<b>Workout Times</b>			
<b>Rule Book</b>	Please send to:		

Mail this form and check to:

Arni Litt, Registrar    [pnaRegistrar@usms.org](mailto:pnaRegistrar@usms.org)  
 PO Box 12172  
 Seattle, WA 98102-0172

Application fee: \$12  
 Make check payable to: **PNA**

Below are the abbreviations currently in use; **Bolded** IDs are registered for 2010 as of June 1, 2010.

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| <b>AQUA:</b> Aquatic Fanatics<br><b>BAM:</b> Bainbridge Aquatic Masters<br><b>BADD:</b> Bellevue Aquatic Divas & Dudes<br><b>BC:</b> Bellevue Club<br><b>BMSC:</b> Bellingham Masters Swim Club<br><b>BTAC:</b> Bremerton Tennis & Athletic Club<br><b>CAAT:</b> Central Area Aquatics Team<br><b>CAC:</b> Columbia Athletic Masters (All)<br><b>DBST:</b> Downtown / Bellevue Swim Team<br><b>EMS:</b> Everett Masters Swimmers<br><b>ESC:</b> Evergreen Swim Club Masters<br><b>FAST:</b> Foothills Aquatics Swim Team<br><b>FWM:</b> Federal Way Master<br><b>FSJ:</b> Fins of the San Juans<br><b>FTS:</b> Ft. Steilacoom<br><b>GHY:</b> Gig Harbor YMCA<br><b>GCMS:</b> Gold Creek Masters (GCM)<br><b>GAM:</b> Gold's Aquatics Masters<br><b>GEM:</b> Gold's Eastside Masters<br><b>GLAD:</b> Green Lake Aqua Ducks<br><b>HMST:</b> Husky Masters<br><b>IST:</b> Issaquah Swim Team<br><b>LLUA:</b> Little Lebowski Urban Achievers<br><b>LOGS:</b> Logger Masters<br><b>LUNA:</b> Team Luna | <b>LWM:</b> Lake Washington Masters<br><b>LWS:</b> Lynnwood Sharks (temp. pool closure)<br><b>MSVL:</b> Marysville YMCA Masters<br><b>MICC:</b> Mercer Island Country Club<br><b>MIR:</b> Mercer Island Redwoods<br><b>MAMS:</b> Middle Aged Marlins<br><b>FOIL:</b> Milfoil Masters Swimmers<br><b>MYM:</b> Monroe YMCA Masters<br><b>NHM:</b> Newport Hills Masters<br><b>NEO:</b> North End Otters<br><b>NSYG:</b> Northshore Y's Guys<br><b>NWM:</b> North Whidbey Masters<br><b>OAC:</b> Olympic Aquatic Club<br><b>OOPS:</b> Old Olympic Peninsula Swimmers<br><b>ORCA:</b> Orca Swim Club<br><b>OST:</b> Ohana Swim Team<br><b>PAC:</b> Poseidon Aquatic Club<br><b>PPST:</b> Poulsbo Piranhas Swim Team<br><b>PSC:</b> Phinney Ridge Swim Club<br><b>PTMS:</b> Port Townsend Master Swimmers<br><b>PRO:</b> Pro Sports Club<br><b>QASC:</b> Queen Anne Swim Club<br><b>RAH:</b> Redmond Aqua Hotshots<br><b>SAMM:</b> Samena Masters<br><b>SAC:</b> Seattle Athletic Club | <b>SVMS:</b> Skagit Valley Masters Swimming<br><b>SVY:</b> Skagit Valley YMCA Masters<br><b>SSTM:</b> South Sound Titans Masters<br><b>SWIM:</b> South Whidbey Island Masters<br><b>SSMS:</b> South Sound Masters Swim<br><b>SSRM:</b> Swim Seattle Redhawk Masters<br><b>TACY:</b> Tacoma Pierce County YMCA<br><b>TSC:</b> Tacoma Swim Club<br><b>TACM:</b> Thunderbird Aquatic Masters<br><b>TIG:</b> Tigers<br><b>TOSC:</b> Thurston Olympians Swim Club<br><b>UNAT:</b> Unattached to a Team<br><b>UPAC:</b> University Place Aquatic Club<br><b>VFC:</b> Valley Fitness Center<br><b>VAC:</b> Vashon Aquatic Club<br><b>VAVI:</b> Vashon Vikings<br><b>WAC:</b> Washington Athletic Club<br><b>WAVE:</b> WAVE<br><b>WEST:</b> West Coast Aquatics Masters<br><b>WSAS:</b> West Seattle All-Stars<br><b>WSYD:</b> West Seattle YMCA Dolphins<br><b>WWUS:</b> Western WA U Masters Swimming<br><b>WCY:</b> Whatcom County YMCA<br><b>YNOT:</b> Y Nauts |
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