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Megan Jendrick Breaststroke and Freestyle Swim Clinic



Breaststroke and Freestyle Swim Clinic

November 13th 3-6pm
(check-in begins at 2:30pm)

Mount Rainier High School Pool
22722 South 19th Street
Des Moines, WA



General Information

Eligibility: Swimmers must be at least 18 years of age and a registered US Master Swimmer (one-day registration may be purchased for \$15 if needed). This clinic is intended for swimmers of all abilities.

Registration: is limited and accepted in the order received. Payment must accompany each registration form and be received by November 9th, 2010.

Bring: Towel, suit, cap, goggles, and water bottle

Cost: \$75 - Includes a 3 hour swim clinic covering breaststroke and freestyle as well as underwater pullouts and kickouts. This clinic also includes a motivational presentation, question and answer session, and autograph signing.

Camp Extra's: Each swimmer will receive a t-shirt and can bring their cameras to have their picture taken wearing an Olympic gold medal!

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Registration form for Jendrick Swim Clinic – November 13th, 2010

Swimmer Name _____ Age _____

Address _____

City _____ Zip _____ Phone _____

USMS Registration Number _____

Swim Club _____ E-mail _____

Register for camp as follows:

- | | |
|--|--|
| <input type="checkbox"/> \$75 Swim Clinic | <input type="checkbox"/> \$10 "Jendrick" Swim Cap |
| <input type="checkbox"/> \$15 Get Wet, Get Fit Book
By Megan Jendrick | <input type="checkbox"/> \$10 Megan Autographed 8x10 Photo |

_____ T-shirt size (S, M, L Adult Sizes)

\$ _____ Total enclosed

Please send registration and payment (checks or money orders **made payable to ACQUA Swim Camp**) to: ACQUA | Post Office Box 8844, Tacoma, WA 98419

For more information, or for questions email acquaswim@gmail.com or register online at

www.acquaswim.com

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