

PNA SHORT COURSE YARDS 2005-2006

INDIVIDUAL ALL AMERICANS:

Stephanie Miller	18-24	1650	Free	18:40.76
Lisa Dahl	45-49	50	Fly	27.56
		100	I.M.	1:03.62
Charlotte Davis	55-59	50	Free	27.28
		100	Free	59.81
		200	Free	2:13.76
		50	Fly	29.90
		100	Fly	1:08.31
		100	I.M.	1:10.14
		400	I.M.	5:24.43
James McCleery	60-64	500	Free	5:32.93
		1000	Free	11:25.35
		1650	Free	18:55.22
Thomas Taylor	75-79	500	Free	7:07.71
Bob Miller	75-79	100	Back	1:22.10
		200	Back	2:57.25

RELAY ALL AMERICANS:

NATIONAL RECORDS:

Lisa Dahl	45-49	100	I.M.	1:03.62	2006
Charlotte Davis	55-59	50	Free	27.20	2005
		100	Free	59.08	2005
		100	I.M.	1:09.27	2005
		200	I.M.	2:29.14	2005
		400	I.M.	5:24.43	2005
Muriel Flynn	80-84	100	Breast	2:01.00	2003
		200	Breast	4:23.47	2003
James McCleery	60-64	500	Free	5:32.93	2006
		1000	Free	11:25.35	2006
		1650	Free	18:55.22	2006
Nick Templemen	65-69	50	Breast	32.91	1997
Jim Penfield	90-94	50	Breast	57.65	1998
		100	Breast	2:27.59	2000

PNA LONG COURSE METERS 2006

INDIVIDUAL ALL AMERICANS:

Marion Gallagher	18-24	200	Free	2:26.30
Lisa Dahl	45-49	50	Fly	30.55
Barb Gundred	55-59	200	Back	2:55.34
Charlotte Davis	55-59	200	I.M.	2:53.15

		400	I.M.	6:07.72
Scott Lautman	50-54	200	Fly	2:23.19
Bob Miller	75-79	100	Back	1:34.32
		200	Back	3:17.54

RELAY ALL AMERICANS:

Women 200 Free	200-239			1:57.21
Lisa Dahl			Debbie Glassman	
Charlotte Davis			Mary Lippold	

NATIONAL RECORDS:

Charlotte Davis	55-59	200	I.M.	2:53.15	2006
		400	I.M.	6:07.72	2006
Rick Colella	50-54	200	Breast	2:39.08	2001
		200	I.M.	2:23.45	2001
		400	I.M.	5:05.82	2001
Scott Lautman	50-54	200	Fly	2:21.40	2004
Jim Penfield	90-94	50	Breast	1:09.80	1998

NATIONAL RECORDS RELAYS:

Women 200 Free	200-239			1:57.21
Lisa Dahl			Debbie Glassman	
Charlotte Davis			Mary Lippold	

WORLD RECORDS:

Charlotte Davis	55-59	200	I.M.	2:53.15	2006
		400	I.M.	6:07.72	2006
Scott Lautman	50-54	200	Fly	2:21.40	2004
Women 200 Free	200-239			1:57.21	
Lisa Dahl			Debbie Glassman		
Charlotte Davis			Mary Lippold		

PNA SHORT COURSE METERS 2006

INDIVIDUAL ALL AMERICANS:

Lisa Dahl	45-49	50	Free	27.54
Kyle Ciminski	18-24	50	Fly	26.20
Donald Graham	50-54	50	Fly	27.04
James McCleery	60-64	400	Free	5:00.55
		800	Free	9:58.99
		1500	Free	19:22.76
Nick Leclercq	60-64	400	I.M.	5:25.65

RELAY ALL AMERICANS:

Women 200 Medley	240-279	2:14.28
Pinky Walker	Arni Litt	
Sarah Welch	Kathrine Casey	

NATIONAL RECORDS:

Lisa Dahl	45-49	50	Free	27.54	2006
James McCleery	60-64	800	Free	9:58.99	2006
		1500	Free	19:22.76	2006
Nick Leclercq	60-64	400	I.M	5:25.65	2006
Jim Penfield	90-94	50	Breast	1:07.22	1998
		100	Breast	2:45.20	1998

WORLD RECORDS:

Scott Lautman	50-54	200	Fly	2:18.02	2004
James McCleery	60-64	1500	Free	19:22.76	2006
Nick Leclercq	60-64	400	I.M.	5:25.65	2006