

**PNA SHORT COURSE YARDS 2004-2005**

**INDIVIDUAL ALL AMERICANS:**

Debbie Glassman	50-54	200	Fly	2:36.56
Charlotte Davis	50-54	400	I.M.	5:21.56
Elliott Kolbe	18-24	50	Breast	26.69
Scott Lautman	50-54	200	Fly	2:03.04

**RELAY ALL AMERICANS:**

**NATIONAL RECORDS:**

Muriel Flynn	80-84	100	Breast	2:01.00	2003
		200	Breast	4:23.47	2003
Nick Templemen	65-69	50	Breast	32.91	1997
		100	Breast	1:13.78	1997
Jim Penfield	90-94	50	Breast	57.65	1998
		100	Breast	2:27.59	2000

**PNA LONG COURSE METERS 2004**

**INDIVIDUAL ALL AMERICANS:**

Lisa Dahl	40-44	50	Free	27.92
Debbie Glassman	50-54	200	Fly	2:57.02
Muriel Flynn	80-84	50	Breast	1:05.61
		100	Breast	2:25.38
		200	Breast	5:12.54
Scott Lautman	50-54	200	Fly	2:21.40
Gene Crossett	90-94	800	Free	24:19.62

**RELAY ALL AMERICANS:**

Women 200 Free	200-239			2:11.30
Lisa Dahl		Sarah Welch		
Kathrine Casey		Debbie Glassman		

**NATIONAL RECORDS:**

Rick Colella	50-54	200	Breast	2:39.08	2001
		200	I.M.	2:23.45	2001
		400	I.M.	5:05.82	2001
Scott Lautman	50-54	200	Fly	2:21.40	2004
Jim Penfield	90-94	50	Breast	1:09.80	1998

**NATIONAL RECORDS RELAYS:**

**WORLD RECORDS:**

Scott Lautman	50-54	200	Fly	2:21.40	2004
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**PNA SHORT COURSE METERS 2004**

**INDIVIDUAL ALL AMERICANS:**

Muriel Flynn	80-84	100	Breast	2:20.12	
		200	Breast	5:11.29	
Amon Emeka	35-39	100	I.M.	1:00.35	
Scott Lautman	50-54	200	Fly	2:18.02	
Harvey Prosser	75-79	1500	Free	26:53.03	

**RELAY ALL AMERICANS:**

**NATIONAL RECORDS:**

Muriel Flynn	80-84	50	Breast	1:02.54	2003
Scott Lautman	50-54	200	Fly	2:18.69	2003
Jim Penfield	90-94	50	Breast	1:07.22	1998
		100	Breast	2:45.20	1998

**WORLD RECORDS:**

Scott Lautman	50-54	200	Fly	2:18.02	2004
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