

2008 USMS Top Ten SCM for Pacific Northwest LMSC

Women 18-24

Place	Event	Name	Age	Club	LMSC	Time
4	400 Free	Allison Cox	24	PNA	Pacific Northwest	4:54.11
9	50 Back	Shona Pierce	23	PNA	Pacific Northwest	34.01
6	200 Back	Emma Coulson	23	PNA	Pacific Northwest	2:45.63

Women 25-29

Place	Event	Name	Age	Club	LMSC	Time
4	1500 Free	Ellen Geiger	29	PNA	Pacific Northwest	21:07.10
6	1500 Free	Kelly Jensen	25	PNA	Pacific Northwest	21:21.87
8	1500 Free	Kelly Crandell	28	PNA	Pacific Northwest	21:44.99
3	200 Back	Jacquelyn Foley	26	PNA	Pacific Northwest	2:32.34

Women 30-34

Place	Event	Name	Age	Club	LMSC	Time
2	50 Free	Colleen Philipps	32	PNA	Pacific Northwest	28.78
1	100 Free	Colleen Philipps	32	PNA	Pacific Northwest	1:01.04
10	400 Free	Jean Dillon	34	PNA	Pacific Northwest	5:11.23
7	1500 Free	Emilie Ellis	34	PNA	Pacific Northwest	21:41.82
4	50 Breast	Jean Dillon	34	PNA	Pacific Northwest	37.90
2	100 Breast	Jean Dillon	34	PNA	Pacific Northwest	1:22.32
6	50 Fly	Colleen Philipps	32	PNA	Pacific Northwest	32.49
3	200 IM	Colleen Philipps	32	PNA	Pacific Northwest	2:33.92
10	400 IM	Emilie Ellis	34	PNA	Pacific Northwest	6:18.16

Women 35-39

Place	Event	Name	Age	Club	LMSC	Time
5	50 Breast	Linda Hegeberg	38	PNA	Pacific Northwest	37.71
5	200 Breast	Linda Hegeberg	38	PNA	Pacific Northwest	2:54.62
7	200 IM	Linda Hegeberg	38	PNA	Pacific Northwest	2:39.06

Women 40-44

Place	Event	Name	Age	Club	LMSC	Time
10	50 Free	Mary Armstrong	41	PNA	Pacific Northwest	29.20
4	50 Breast	Mary Armstrong	41	PNA	Pacific Northwest	38.30

Women 45-49

Place	Event	Name	Age	Club	LMSC	Time
3	50 Free	Lisa A Dahl	47	PNA	Pacific Northwest	28.03
6	50 Back	Lisa Dahl	47	PNA	Pacific Northwest	34.42
7	200 Back	Margaret Diddams	47	PNA	Pacific Northwest	2:50.07
4	50 Breast	Lisa A Dahl	47	PNA	Pacific Northwest	37.14
4	50 Fly	Lisa A Dahl	47	PNA	Pacific Northwest	30.43
4	100 IM	Lisa A Dahl	47	PNA	Pacific Northwest	1:12.26

Women 60-64

Place	Event	Name	Age	Club	LMSC	Time
2	100 Free	Sarah Welch	61	PNA	Pacific Northwest	1:17.12
5	100 Free	Sally Dillon	62	PNA	Pacific Northwest	1:19.31
5	200 Free	Suzanne Dills	63	PNA	Pacific Northwest	2:54.77
6	200 Free	Sally Dillon	62	PNA	Pacific Northwest	2:59.34
10	200 Free	Kathrine Casey	60	PNA	Pacific Northwest	3:07.00
4	400 Free	Suzanne Dills	63	PNA	Pacific Northwest	6:11.64

7	400 Free	Kathrine Casey	60	PNA	Pacific Northwest	6:13.64
8	400 Free	Sally Dillon	62	PNA	Pacific Northwest	6:19.86
6	800 Free	Sally Dillon	62	PNA	Pacific Northwest	12:51.11
4	1500 Free	Sally Dillon	62	PNA	Pacific Northwest	24:15.08
7	1500 Free	Kathrine Casey	60	PNA	Pacific Northwest	24:45.07
6	50 Back	Kathrine Casey	60	PNA	Pacific Northwest	45.75
7	50 Back	Suzanne Dills	63	PNA	Pacific Northwest	46.15
6	100 Back	Kathrine Casey	60	PNA	Pacific Northwest	1:35.16
8	100 Back	Suzanne Dills	63	PNA	Pacific Northwest	1:37.19
9	100 Back	Sarah Welch	61	PNA	Pacific Northwest	1:38.51
5	200 Back	Kathrine Casey	60	PNA	Pacific Northwest	3:20.54
8	200 Breast	Arni Litt	62	PNA	Pacific Northwest	3:55.11
2	50 Fly	Sarah Welch	61	PNA	Pacific Northwest	37.55
1	100 Fly	Sarah Welch	61	PNA	Pacific Northwest	1:28.55
1	200 Fly	Sarah Welch	61	PNA	Pacific Northwest	3:18.64
3	100 IM	Sarah Welch	61	PNA	Pacific Northwest	1:29.86
1	200 IM	Sarah Welch	61	PNA	Pacific Northwest	3:14.17
1	400 IM	Sarah Welch	61	PNA	Pacific Northwest	6:51.79

Women 65-69

Place	Event	Name	Age	Club	LMSC	Time
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4	400 Free	Pinky Walker	66	PNA	Pacific Northwest	6:22.05

Women 70-74

Place	Event	Name	Age	Club	LMSC	Time
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7	100 Free	Anne Olson	70	PNA	Pacific Northwest	1:34.76
6	400 Free	Anne Olson	70	PNA	Pacific Northwest	7:19.38

Women 75-79

Place	Event	Name	Age	Club	LMSC	Time
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6	400 Free	Janet Kavadas	77	PNA	Pacific Northwest	9:46.37
4	800 Free	Janet Kavadas	77	PNA	Pacific Northwest	20:53.72
4	50 Back	Barbara Allen	75	PNA	Pacific Northwest	58.84
3	100 Back	Barbara Allen	75	PNA	Pacific Northwest	2:08.13
5	200 Back	Barbara Allen	75	PNA	Pacific Northwest	4:43.26
8	200 Back	Janet Kavadas	77	PNA	Pacific Northwest	5:03.74
8	50 Breast	Gail Gladwell	77	PNA	Pacific Northwest	1:10.17
8	100 Breast	Gail Gladwell	77	PNA	Pacific Northwest	2:43.87
9	100 Breast	Janet Kavadas	77	PNA	Pacific Northwest	2:46.72

Women 80-84

Place	Event	Name	Age	Club	LMSC	Time
====	=====	=====	===	====	=====	=====
4	50 Back	Bernice Phillips	81	PNA	Pacific Northwest	1:02.53
4	100 Back	Bernice Phillips	81	PNA	Pacific Northwest	2:24.88

Women 85-89

Place	Event	Name	Age	Club	LMSC	Time
====	=====	=====	===	====	=====	=====
3	100 Breast	Livia Walker	86	PNA	Pacific Northwest	3:53.32
2	200 Breast	Livia Walker	86	PNA	Pacific Northwest	8:34.74

Men 18-24

Place	Event	Name	Age	Club	LMSC	Time
====	=====	=====	===	====	=====	=====
9	50 Back	Mark Fanning	23	PNA	Pacific Northwest	31.07
9	200 Back	Mark Fanning	23	PNA	Pacific Northwest	2:30.26

Men 25-29

Place	Event	Name	Age	Club	LMSC	Time
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7	50 Free	Troy Davidson	27	PNA	Pacific Northwest	24.30
5	100 Free	Troy Davidson	27	PNA	Pacific Northwest	52.77

Men 30-34

Place	Event	Name	Age	Club	LMSC	Time
4	50 Fly	Peter Goltz	30	PNA	Pacific Northwest	26.34
2	100 Fly	Peter Goltz	30	PNA	Pacific Northwest	57.78

Men 35-39

Place	Event	Name	Age	Club	LMSC	Time
5	400 Free	Kirk Nelson	38	PNA	Pacific Northwest	4:28.77
5	800 Free	Kirk Nelson	38	PNA	Pacific Northwest	9:33.93
3	1500 Free	Kirk Nelson	38	PNA	Pacific Northwest	17:58.31
10	200 Back	Doug Jelen	35	PNA	Pacific Northwest	2:26.15
4	200 Fly	Doug Jelen	35	PNA	Pacific Northwest	2:22.98
9	400 IM	Doug Jelen	35	PNA	Pacific Northwest	5:14.25

Men 40-44

Place	Event	Name	Age	Club	LMSC	Time
9	200 Free	David Kays	41	PNA	Pacific Northwest	2:01.62
7	400 Free	David Kays	41	PNA	Pacific Northwest	4:20.27

Men 45-49

Place	Event	Name	Age	Club	LMSC	Time
8	400 Free	Lyle A Nalli	48	PNA	Pacific Northwest	4:34.89
6	1500 Free	Lyle A Nalli	48	PNA	Pacific Northwest	18:39.00
4	200 Back	Lyle A Nalli	48	PNA	Pacific Northwest	2:28.31
9	200 Back	Carl Haynie	48	PNA	Pacific Northwest	2:35.93
5	400 IM	Lyle A Nalli	48	PNA	Pacific Northwest	5:15.78

Men 50-54

Place	Event	Name	Age	Club	LMSC	Time
10	1500 Free	Dan Robinson	51	PNA	Pacific Northwest	19:46.55

Men 55-59

Place	Event	Name	Age	Club	LMSC	Time
5	400 Free	Alan Bell	58	PNA	Pacific Northwest	4:47.22
7	1500 Free	Scott Lautman	56	PNA	Pacific Northwest	19:39.18
9	1500 Free	Bill Penn	57	PNA	Pacific Northwest	19:49.66
8	50 Fly	Scott Lautman	56	PNA	Pacific Northwest	29.94
4	100 Fly	Scott Lautman	56	PNA	Pacific Northwest	1:06.25
1	200 Fly	Scott Lautman	56	PNA	Pacific Northwest	2:25.95
5	200 Fly	Alan Bell	58	PNA	Pacific Northwest	2:45.32

Men 60-64

Place	Event	Name	Age	Club	LMSC	Time
4	400 Free	James McCleery	62	PNA	Pacific Northwest	4:58.53
2	800 Free	James McCleery	62	PNA	Pacific Northwest	10:20.82
2	1500 Free	James McCleery	62	PNA	Pacific Northwest	19:37.27
7	100 Back	Michael McColly	63	PNA	Pacific Northwest	1:18.46
4	200 Back	Michael McColly	63	PNA	Pacific Northwest	2:46.59
7	100 Breast	Steven Peterson	62	PNA	Pacific Northwest	1:23.69
5	400 IM	Michael McColly	63	PNA	Pacific Northwest	6:07.14

Men 65-69

Place	Event	Name	Age	Club	LMSC	Time
10	100 Back	Allan McDougall	67	PNA	Pacific Northwest	1:25.91
4	200 Back	Allan McDougall	67	PNA	Pacific Northwest	3:04.52
8	100 Breast	Roy Davis	66	PNA	Pacific Northwest	1:28.60
5	200 Breast	Roy Davis	66	PNA	Pacific Northwest	3:12.39
8	200 IM	Michael Nordby	67	PNA	Pacific Northwest	3:13.94

Men 70-74

Place	Event	Name	Age	Club	LMSC	Time
10	50 Breast	Thomas Long	71	UNAT	Pacific Northwest	45.12
3	100 Breast	Thomas Long	71	UNAT	Pacific Northwest	1:40.97
7	200 Fly	Tom Foley	74	PNA	Pacific Northwest	6:30.44
7	400 IM	Tom Foley	74	PNA	Pacific Northwest	10:36.65

Men 80-84

Place	Event	Name	Age	Club	LMSC	Time
4	50 Free	Harvey Prosser	80	PNA	Pacific Northwest	41.10
3	100 Free	Harvey Prosser	80	PNA	Pacific Northwest	1:31.34
2	400 Free	Harvey Prosser	80	PNA	Pacific Northwest	7:04.66
1	800 Free	Harvey Prosser	80	PNA	Pacific Northwest	14:39.58
9	50 Fly	Harvey Prosser	80	PNA	Pacific Northwest	1:01.49
4	100 IM	Harvey Prosser	80	PNA	Pacific Northwest	1:53.06

Men 120-159 SCM (2008)

Place	Event	Club	Time	Swimmers
7	800 Free	PNA	10:46.94	Jason T Stone (33), Aaron W Whipple (24), Phil I Brennan (43), Leo E Espinosa (48)

Women 72-99 SCM (2008)

Place	Event	Club	Time	Swimmers
4	200 Medley	PNA	2:28.21	Elisha Naylor (22), Shona Pierce (23), Emiko Mar (22), Angie Dowdle (19)