

2008 FINA WORLD Top Ten LCM for Pacific Northwest LMSC

Women 30-34

Place	Event	Name	Age	Club	LMSC	Time
====	=====	=====	===	====	=====	=====
2	200 Free	Colleen Philipps	32	PNA	Pacific Northwest	2:14.96

Women 45-49

Place	Event	Name	Age	Club	LMSC	Time
====	=====	=====	===	====	=====	=====
1	50 Free	Lisa Dahl	47	PNA	Pacific Northwest	27.87
6	50 Back	Lisa A Dahl	47	PNA	Pacific Northwest	34.59
7	100 Back	Zena H Courtney	49	PNA	Pacific Northwest	1:16.14
10	200 Back	Zena H Courtney	49	PNA	Pacific Northwest	2:46.77
4	50 Breast	Lisa A Dahl	47	PNA	Pacific Northwest	37.21
4	50 Fly	Lisa A Dahl	47	PNA	Pacific Northwest	30.08

Women 55-59

Place	Event	Name	Age	Club	LMSC	Time
====	=====	=====	===	====	=====	=====
5	50 Free	Debbie A Glassman	55	PNA	Pacific Northwest	30.94
9	100 Free	Debbie A Glassman	55	PNA	Pacific Northwest	1:11.92

Women 60-64

Place	Event	Name	Age	Club	LMSC	Time
====	=====	=====	===	====	=====	=====
9	400 Free	Suzanne L Dills	63	PNA	Pacific Northwest	6:01.60
7	800 Free	Suzanne L Dills	63	PNA	Pacific Northwest	12:25.86
9	1500 Free	Kathrine J Casey	60	PNA	Pacific Northwest	25:38.95
6	50 Fly	Sarah Welch	61	PNA	Pacific Northwest	36.84
3	100 Fly	Sarah Welch	61	PNA	Pacific Northwest	1:26.62
1	200 Fly	Sarah Welch	61	PNA	Pacific Northwest	3:29.21
5	200 IM	Sarah Welch	61	PNA	Pacific Northwest	3:14.93
7	200 IM	Suzanne L Dills	63	PNA	Pacific Northwest	3:16.73
8	400 IM	Sarah Welch	61	PNA	Pacific Northwest	7:09.23

Men 30-34

Place	Event	Name	Age	Club	LMSC	Time
====	=====	=====	===	====	=====	=====
10	100 Fly	Jason Goltz	30	PNA	Pacific Northwest	59.24
10	200 Fly	Jason Goltz	30	PNA	Pacific Northwest	2:18.52
10	200 IM	Jason Goltz	30	PNA	Pacific Northwest	2:18.35
5	400 IM	Jason Goltz	30	PNA	Pacific Northwest	5:00.68

Men 35-39

Place	Event	Name	Age	Club	LMSC	Time
====	=====	=====	===	====	=====	=====
5	1500 Free	Kirk E Nelson	38	PNA	Pacific Northwest	17:51.74

Men 55-59

Place	Event	Name	Age	Club	LMSC	Time
====	=====	=====	===	====	=====	=====
2	100 Breast	Rick P Colella	57	PNA	Pacific Northwest	1:14.30
1	200 Breast	Rick P Colella	57	PNA	Pacific Northwest	2:38.66
5	50 Fly	Scott M Lautman	56	PNA	Pacific Northwest	29.08
1	100 Fly	Scott M Lautman	56	PNA	Pacific Northwest	1:03.95
1	200 Fly	Scott Lautman	56	PNA	Pacific Northwest	2:26.37
1	200 IM	Rick P Colella	57	PNA	Pacific Northwest	2:24.12

Men 60-64

Place	Event	Name	Age	Club	LMSC	Time
====	=====	=====	===	====	=====	=====
10	200 Breast	Steven B Peterson	62	PNA	Pacific Northwest	3:06.67

Men 65-69

Place	Event	Name	Age	Club	LMSC	Time
10	200 Breast	Roy Davis	66	PNA	Pacific Northwest	3:18.00

Women 200-239 LCM (2008)

Place	Event	Club	Time	Swimmers
3	200 Free	PNA	2:06.54	Lisa A Dahl (47), Caroline J Brown (51), Zena H Courtney (49), Jo Moore (53)
2	200 Medley	PNA	2:18.19	Zena H Courtney (49), Lisa A Dahl (47), Jo Moore (53), Debbie A Glassman (55)

Women 240-279 LCM (2008)

Place	Event	Club	Time	Swimmers
1	200 Free	PNA	2:13.33	Sally A Dillon (62), Sarah Welch (61), Suzanne Dills (63), Debbie A Glassman (55)

Mixed 160-199 LCM (2008)

Place	Event	Club	Time	Swimmers
7	200 Free	PNA	1:51.63	Kirk E Nelson (38), John M Williams (40), Debbie A Glassman (55), Lisa A Dahl (47)

Mixed 200-239 LCM (2008)

Place	Event	Club	Time	Swimmers
9	200 Medley	PNA	2:13.70	Zena H Courtney (49), Lisa A Dahl (47), Stephen Freeborn (53), John Nuttman (54)

Mixed 240-279 LCM (2008)

Place	Event	Club	Time	Swimmers
6	200 Medley	PNA	2:26.43	Suzanne Dills (63), Steven B Peterson (62), Scott M Lautman (56), Sarah Welch (61)