

2008 USMS Top Ten LCM for Pacific Northwest LMSC

Women 18-24

Place	Event	Name	Age	Club	LMSC	Time
9	50 Breast	Danielle Trevino	21	PNA	Pacific Northwest	38.85
4	100 Breast	Danielle Trevino	21	PNA	Pacific Northwest	1:21.24
2	200 Breast	Danielle Trevino	21	PNA	Pacific Northwest	2:53.65
7	50 Fly	Danielle Trevino	21	PNA	Pacific Northwest	32.83
3	100 Fly	Danielle Trevino	21	PNA	Pacific Northwest	1:10.93
3	200 IM	Danielle Trevino	21	PNA	Pacific Northwest	2:34.09
2	400 IM	Danielle Trevino	21	PNA	Pacific Northwest	5:38.30

Women 25-29

Place	Event	Name	Age	Club	LMSC	Time
8	200 Breast	Kelly J Crandell	28	PNA	Pacific Northwest	3:16.66
8	200 Fly	Allison R Boomer	25	PNA	Pacific Northwest	3:12.62

Women 30-34

Place	Event	Name	Age	Club	LMSC	Time
1	200 Free	Colleen Philipps	32	PNA	Pacific Northwest	2:14.96
7	200 Back	Emilie C Ellis	34	PNA	Pacific Northwest	3:03.19
10	50 Breast	Emilie Ellis	34	PNA	Pacific Northwest	43.64
10	100 Breast	Emilie C Ellis	34	PNA	Pacific Northwest	1:32.03
6	100 Fly	Colleen Philipps	32	PNA	Pacific Northwest	1:10.22
5	400 IM	Emilie C Ellis	34	PNA	Pacific Northwest	6:11.70

Women 45-49

Place	Event	Name	Age	Club	LMSC	Time
1	50 Free	Lisa Dahl	47	PNA	Pacific Northwest	27.87
4	50 Back	Lisa A Dahl	47	PNA	Pacific Northwest	34.59
5	50 Back	Zena Courtney	49	PNA	Pacific Northwest	35.69
4	100 Back	Zena H Courtney	49	PNA	Pacific Northwest	1:16.14
5	200 Back	Zena H Courtney	49	PNA	Pacific Northwest	2:46.77
3	50 Breast	Lisa A Dahl	47	PNA	Pacific Northwest	37.21
3	50 Fly	Lisa A Dahl	47	PNA	Pacific Northwest	30.08
10	200 IM	Zena H Courtney	49	PNA	Pacific Northwest	2:52.40

Women 50-54

Place	Event	Name	Age	Club	LMSC	Time
9	400 Free	Jo Moore	53	PNA	Pacific Northwest	5:22.85
10	100 Breast	Terry A Utigard-Rathbun	50	PNA	Pacific Northwest	1:33.64
6	200 Breast	Terry A Utigard-Rathbun	50	PNA	Pacific Northwest	3:21.39

Women 55-59

Place	Event	Name	Age	Club	LMSC	Time
3	50 Free	Debbie A Glassman	55	PNA	Pacific Northwest	30.94
4	100 Free	Debbie A Glassman	55	PNA	Pacific Northwest	1:11.92
6	50 Fly	Debbie A Glassman	55	PNA	Pacific Northwest	35.27
5	100 Fly	Debbie A Glassman	55	PNA	Pacific Northwest	1:29.11

Women 60-64

Place	Event	Name	Age	Club	LMSC	Time
10	50 Free	Sarah Welch	61	PNA	Pacific Northwest	34.74
6	100 Free	Sally A Dillon	62	PNA	Pacific Northwest	1:17.29

6	200 Free	Suzanne L Dills	63	PNA	Pacific Northwest	2:51.57
8	200 Free	Sally A Dillon	62	PNA	Pacific Northwest	2:54.13
5	400 Free	Suzanne L Dills	63	PNA	Pacific Northwest	6:01.60
4	800 Free	Suzanne L Dills	63	PNA	Pacific Northwest	12:25.86
5	1500 Free	Kathrine J Casey	60	PNA	Pacific Northwest	25:38.95
9	1500 Free	Mel Lebsack	60	PNA	Pacific Northwest	26:10.36
9	50 Back	Suzanne Dills	63	PNA	Pacific Northwest	44.95
6	100 Back	Kathrine J Casey	60	PNA	Pacific Northwest	1:41.42
4	200 Back	Suzanne L Dills	63	PNA	Pacific Northwest	3:24.51
8	200 Back	Kathrine J Casey	60	PNA	Pacific Northwest	3:43.09
8	50 Breast	Sally A Dillon	62	PNA	Pacific Northwest	47.60
10	50 Breast	Arni H Litt	62	PNA	Pacific Northwest	49.05
8	200 Breast	Arni H Litt	62	PNA	Pacific Northwest	4:15.47
2	50 Fly	Sarah Welch	61	PNA	Pacific Northwest	36.84
1	100 Fly	Sarah Welch	61	PNA	Pacific Northwest	1:26.62
1	200 Fly	Sarah Welch	61	PNA	Pacific Northwest	3:29.21
2	200 IM	Sarah Welch	61	PNA	Pacific Northwest	3:14.93
3	200 IM	Suzanne L Dills	63	PNA	Pacific Northwest	3:16.73
3	400 IM	Sarah Welch	61	PNA	Pacific Northwest	7:09.23

Women 70-74

Place	Event	Name	Age	Club	LMSC	Time
8	200 Fly	Chaya Amiad	70	PNA	Pacific Northwest	9:11.13
9	400 IM	Chaya Amiad	70	PNA	Pacific Northwest	15:01.06

Women 75-79

Place	Event	Name	Age	Club	LMSC	Time
9	800 Free	Janet Kavadas	77	PNA	Pacific Northwest	21:25.35
6	1500 Free	Janet D Kavadas	77	PNA	Pacific Northwest	39:54.80
7	1500 Free	Barbara Allen	75	PNA	Pacific Northwest	40:45.09
10	50 Back	Barbara Allen	75	PNA	Pacific Northwest	1:01.77

Men 18-24

Place	Event	Name	Age	Club	LMSC	Time
4	50 Free	Brian M Goldman	22	PNA	Pacific Northwest	24.72
5	50 Fly	Brian M Goldman	22	PNA	Pacific Northwest	27.17

Men 30-34

Place	Event	Name	Age	Club	LMSC	Time
1	50 Fly	Jason Goltz	30	PNA	Pacific Northwest	26.34
2	100 Fly	Jason Goltz	30	PNA	Pacific Northwest	59.24
1	200 Fly	Jason Goltz	30	PNA	Pacific Northwest	2:18.52
4	200 IM	Jason Goltz	30	PNA	Pacific Northwest	2:18.35
2	400 IM	Jason Goltz	30	PNA	Pacific Northwest	5:00.68

Men 35-39

Place	Event	Name	Age	Club	LMSC	Time
7	200 Free	Kirk E Nelson	38	PNA	Pacific Northwest	2:07.41
6	400 Free	Kirk E Nelson	38	PNA	Pacific Northwest	4:29.96
2	800 Free	Kirk Nelson	38	PNA	Pacific Northwest	9:33.17
2	1500 Free	Kirk E Nelson	38	PNA	Pacific Northwest	17:51.74
4	200 Back	Doug Jelen	35	PNA	Pacific Northwest	2:28.37
8	100 Breast	Tom F Schutte	39	PNA	Pacific Northwest	1:17.21
4	200 Breast	Tom F Schutte	39	PNA	Pacific Northwest	2:49.90
10	100 Fly	Doug Jelen	35	PNA	Pacific Northwest	1:04.65
4	200 Fly	Doug Jelen	35	PNA	Pacific Northwest	2:28.39
5	200 IM	Kirk E Nelson	38	PNA	Pacific Northwest	2:25.77
3	400 IM	Kirk E Nelson	38	PNA	Pacific Northwest	5:11.28

5 400 IM Doug Jelen 35 PNA Pacific Northwest 5:21.87

Men 40-44

Place	Event	Name	Age	Club	LMSC	Time
9	800 Free	David Kays	41	PNA	Pacific Northwest	9:30.94
7	1500 Free	David E Kays	41	PNA	Pacific Northwest	18:15.66
9	50 Breast	Kevin L Esko	42	PNA	Pacific Northwest	34.34
7	400 IM	David E Kays	41	PNA	Pacific Northwest	5:16.44

Men 45-49

Place	Event	Name	Age	Club	LMSC	Time
6	1500 Free	Daniel C Smith	46	PNA	Pacific Northwest	19:23.54
10	200 Breast	Daniel C Smith	46	PNA	Pacific Northwest	2:57.03
9	200 Fly	Eric S Valley	47	PNA	Pacific Northwest	2:53.38

Men 55-59

Place	Event	Name	Age	Club	LMSC	Time
7	1500 Free	William J Penn	57	PNA	Pacific Northwest	20:02.88
10	50 Back	Buster Yonych	57	UNAT	Pacific Northwest	34.45
4	100 Back	Buster Yonych	57	UNAT	Pacific Northwest	1:14.60
10	200 Back	Buster Yonych	57	UNAT	Pacific Northwest	2:48.19
1	100 Breast	Rick P Colella	57	PNA	Pacific Northwest	1:14.30
1	200 Breast	Rick P Colella	57	PNA	Pacific Northwest	2:38.66
3	50 Fly	Scott M Lautman	56	PNA	Pacific Northwest	29.08
1	100 Fly	Scott M Lautman	56	PNA	Pacific Northwest	1:03.95
1	200 Fly	Scott Lautman	56	PNA	Pacific Northwest	2:26.37
1	200 IM	Rick P Colella	57	PNA	Pacific Northwest	2:24.12
7	200 IM	Scott M Lautman	56	PNA	Pacific Northwest	2:40.67

Men 60-64

Place	Event	Name	Age	Club	LMSC	Time
7	50 Breast	Steven B Peterson	62	PNA	Pacific Northwest	37.75
7	100 Breast	Steven B Peterson	62	PNA	Pacific Northwest	1:26.04
4	200 Breast	Steven B Peterson	62	PNA	Pacific Northwest	3:06.67

Men 65-69

Place	Event	Name	Age	Club	LMSC	Time
8	50 Free	Robert T Pilger	65	PNA	Pacific Northwest	29.48
8	100 Free	Robert T Pilger	65	PNA	Pacific Northwest	1:09.98
9	50 Breast	Roy Davis	66	PNA	Pacific Northwest	40.85
8	100 Breast	Roy Davis	66	PNA	Pacific Northwest	1:31.69
3	200 Breast	Roy Davis	66	PNA	Pacific Northwest	3:18.00

Men 80-84

Place	Event	Name	Age	Club	LMSC	Time
9	50 Breast	Jerry Gallaher	80	PNA	Pacific Northwest	57.40
8	100 Breast	Jerry Gallaher	80	PNA	Pacific Northwest	2:20.83

Men 120-159 LCM (2008)

Place	Event	Club	Time	Swimmers
3	200 Medley	PNA	1:59.65	Tom F Schutte (39), Zac L Montgomery (37), John M Williams (40), Brian M Goldman (22)

Men 160-199 LCM (2008)

Place	Event	Club	Time	Swimmers
-------	-------	------	------	----------

====	====	====	====	====	====
4	200 Free	PNA	1:49.84	Kirk E Nelson (38), Zac L Montgomery (37), Stephen Freeborn (53), Steven Rosaria (34)	
Men 200-239 LCM (2008)					
Place	Event	Club	Time	Swimmers	
====	====	====	====	====	====
9	200 Free	PNA	1:52.33	Rick P Colella (57), Robert T Pilger (65), Richard Seibert (44), Scott M Lautman (56)	
Women 100-119 LCM (2008)					
Place	Event	Club	Time	Swimmers	
====	====	====	====	====	====
8	400 Free	PNA	5:29.82	Megen Barrett (29), Allyson Land (19), Kris Speir (45), Allison Boomer (25)	
6	400 Medley	PNA	6:40.96	Megen Barrett (29), Allyson Land (19), Ashley Raygor (20), Kristine Antilla (40)	
Women 200-239 LCM (2008)					
Place	Event	Club	Time	Swimmers	
====	====	====	====	====	====
2	200 Free	PNA	2:06.54	Lisa A Dahl (47), Caroline J Brown (51), Zena H Courtney (49), Jo Moore (53)	
2	200 Medley	PNA	2:18.19	Zena H Courtney (49), Lisa A Dahl (47), Jo Moore (53), Debbie A Glassman (55)	
Women 240-279 LCM (2008)					
Place	Event	Club	Time	Swimmers	
====	====	====	====	====	====
1	200 Free	PNA	2:13.33	Sally A Dillon (62), Sarah Welch (61), Suzanne Dills (63), Debbie A Glassman (55)	
Mixed 160-199 LCM (2008)					
Place	Event	Club	Time	Swimmers	
====	====	====	====	====	====
2	200 Free	PNA	1:51.63	Kirk E Nelson (38), John M Williams (40), Debbie A Glassman (55), Lisa A Dahl (47)	
4	400 Free	PNA	5:14.71	Sabrina Bruckner (39), David Perry (52), Susan Townsend (42), Richard Seibert (44)	
Mixed 200-239 LCM (2008)					
Place	Event	Club	Time	Swimmers	
====	====	====	====	====	====
3	200 Medley	PNA	2:13.70	Zena H Courtney (49), Lisa A Dahl (47), Stephen Freeborn (53), John Nuttman (54)	
Mixed 240-279 LCM (2008)					
Place	Event	Club	Time	Swimmers	
====	====	====	====	====	====
6	200 Free	PNA	2:10.87	Scott M Lautman (56), Steven Peterson (62), Sarah Welch (61), Sally A Dillon (62)	
3	200 Medley	PNA	2:26.43	Suzanne Dills (63), Steven B Peterson (62), Scott M Lautman (56), Sarah Welch (61)	