

2007 FINA WORLD Top Ten SCM for Pacific Northwest LMSC

Women 45-49

| Place | Event | Name | Age | Club | LMSC | Time |
|-------|---------|-----------|-----|------|-------------------|---------|
| 4 | 50 Free | Lisa Dahl | 46 | PNA | Pacific Northwest | 28.14 |
| 3 | 50 Fly | Lisa Dahl | 46 | PNA | Pacific Northwest | 30.78 |
| 5 | 100 IM | Lisa Dahl | 46 | PNA | Pacific Northwest | 1:12.24 |

Women 50-54

| Place | Event | Name | Age | Club | LMSC | Time |
|-------|-----------|--------------|-----|------|-------------------|----------|
| 9 | 400 Free | Jo Moore | 52 | PNA | Pacific Northwest | 5:12.93 |
| 6 | 1500 Free | Jo Moore | 52 | PNA | Pacific Northwest | 20:51.18 |
| 9 | 100 Fly | Mary Lippold | 51 | PNA | Pacific Northwest | 1:18.61 |

Women 55-59

| Place | Event | Name | Age | Club | LMSC | Time |
|-------|----------|-----------------|-----|------|-------------------|---------|
| 3 | 100 Free | Charlotte Davis | 57 | PNA | Pacific Northwest | 1:09.11 |
| 5 | 50 Fly | Charlotte Davis | 57 | PNA | Pacific Northwest | 34.85 |
| 3 | 200 IM | Charlotte Davis | 57 | PNA | Pacific Northwest | 2:56.37 |
| 2 | 400 IM | Charlotte Davis | 57 | PNA | Pacific Northwest | 6:10.45 |

Women 60-64

| Place | Event | Name | Age | Club | LMSC | Time |
|-------|---------|-------------|-----|------|-------------------|---------|
| 10 | 50 Fly | Sarah Welch | 60 | PNA | Pacific Northwest | 38.54 |
| 4 | 100 Fly | Sarah Welch | 60 | PNA | Pacific Northwest | 1:32.17 |
| 2 | 200 Fly | Sarah Welch | 60 | PNA | Pacific Northwest | 3:26.34 |
| 10 | 200 IM | Sarah Welch | 60 | PNA | Pacific Northwest | 3:22.07 |
| 7 | 400 IM | Sarah Welch | 60 | PNA | Pacific Northwest | 7:01.26 |

Women 80-84

| Place | Event | Name | Age | Club | LMSC | Time |
|-------|----------|------------------|-----|------|-------------------|---------|
| 8 | 200 Back | Bernice Phillips | 80 | PNA | Pacific Northwest | 4:57.93 |

Men 40-44

| Place | Event | Name | Age | Club | LMSC | Time |
|-------|-----------|------------|-----|------|-------------------|----------|
| 10 | 400 Free | David Kays | 40 | PNA | Pacific Northwest | 4:22.82 |
| 5 | 1500 Free | David Kays | 40 | PNA | Pacific Northwest | 17:30.39 |

Men 50-54

| Place | Event | Name | Age | Club | LMSC | Time |
|-------|--------|---------------|-----|------|-------------------|-------|
| 4 | 50 Fly | Donald Graham | 53 | PNA | Pacific Northwest | 27.66 |

Men 55-59

| Place | Event | Name | Age | Club | LMSC | Time |
|-------|-----------|--------------|-----|------|-------------------|----------|
| 3 | 1500 Free | William Penn | 56 | PNA | Pacific Northwest | 19:10.28 |

Men 60-64

| Place | Event | Name | Age | Club | LMSC | Time |
|-------|-----------|-----------------|-----|------|-------------------|----------|
| 9 | 400 Free | Michael McColly | 62 | PNA | Pacific Northwest | 5:08.73 |
| 1 | 800 Free | James McCleery | 61 | PNA | Pacific Northwest | 9:59.43 |
| 1 | 1500 Free | James McCleery | 61 | PNA | Pacific Northwest | 18:50.59 |
| 9 | 200 Back | Michael McColly | 62 | PNA | Pacific Northwest | 2:46.05 |
| 7 | 400 IM | Michael McColly | 62 | PNA | Pacific Northwest | 6:01.66 |

Men 65-69

| Place | Event | Name | Age | Club | LMSC | Time |
|-------|--------|----------------|-----|------|-------------------|---------|
| 9 | 400 IM | Michael Nordby | 66 | PNA | Pacific Northwest | 6:46.66 |

Men 75-79

| Place | Event | Name | Age | Club | LMSC | Time |
|-------|-----------|----------------|-----|------|-------------------|----------|
| 7 | 1500 Free | Harvey Prosser | 79 | PNA | Pacific Northwest | 27:08.48 |