

**"Get Psyched For Worlds!" Long Course Meters - 7/8/2006  
Results**

<b>Women 18-24 100 LC Meter Freestyle</b>	2 Moore, Kathy	39 UN-PN	36.86
1 Kunze, Brittany	23 LWS-PN	1:09.99	
	3 Singer, Shannon	36 SVY-PN	38.76
	4 Kale, Helene	36 SVY-PN	39.52
<b>Women 18-24 100 LC Meter Backstroke</b>			
1 Kunze, Brittany	23 LWS-PN	1:20.17	
<b>Women 18-24 50 LC Meter Breaststroke</b>			
1 Kunze, Brittany	23 LWS-PN	40.27	
<b>Women 18-24 100 LC Meter Breaststroke</b>			
1 Kunze, Brittany	23 LWS-PN	1:28.41	
<b>Women 18-24 200 LC Meter IM</b>			
1 Kunze, Brittany	23 LWS-PN	<b>2:46.56 P</b>	
		1:20.94	2:46.56
<b>Women 25-29 200 LC Meter Freestyle</b>			
1 Crandell, Kelly	26 TACY-PN	2:51.40	
		1:22.53	2:51.40
<b>Women 25-29 800 LC Meter Freestyle</b>			
1 Crandell, Kelly	26 TACY-PN	12:42.45	
		1:28.81	3:03.99
		4:39.64	6:15.02
		7:51.33	9:28.18
		11:05.21	12:42.45
<b>Women 25-29 200 LC Meter Breaststroke</b>			
1 Crandell, Kelly	26 TACY-PN	3:25.33	
		1:37.65	3:25.33
<b>Women 25-29 400 LC Meter IM</b>			
1 Crandell, Kelly	26 TACY-PN	6:40.81	
<b>Women 30-34 50 LC Meter Freestyle</b>			
1 Tulou, Tamara	32 BAM-PN	36.35	
2 Stewart, Becci	31 OOPS-PN	37.64	
<b>Women 30-34 100 LC Meter Freestyle</b>			
1 Alkezweeny, Tina	31 UN-PN	1:23.70	
2 Stewart, Becci	31 OOPS-PN	1:25.90	
<b>Women 30-34 50 LC Meter Backstroke</b>			
1 Tulou, Tamara	32 BAM-PN	41.14	
2 Alkezweeny, Tina	31 UN-PN	43.40	
<b>Women 30-34 100 LC Meter Backstroke</b>			
1 Tulou, Tamara	32 BAM-PN	1:35.08	
2 Alkezweeny, Tina	31 UN-PN	1:35.33	
<b>Women 30-34 50 LC Meter Breaststroke</b>			
1 Stewart, Becci	31 OOPS-PN	50.06	
<b>Women 30-34 50 LC Meter Butterfly</b>			
1 Tulou, Tamara	32 BAM-PN	39.66	
2 Alkezweeny, Tina	31 UN-PN	45.63	
<b>Women 30-34 200 LC Meter IM</b>			
1 Stewart, Becci	31 OOPS-PN	3:39.62	
		1:44.59	
		3:39.62	
<b>Women 35-39 50 LC Meter Freestyle</b>			
1 McDermott, Kelly	39 WEST-PN	36.26	
<b>Women 35-39 100 LC Meter Freestyle</b>			
1 Bussart, Megan	36 BMSC-PN	1:10.71	
2 McDermott, Kelly	39 WEST-PN	1:22.83	
<b>Women 35-39 200 LC Meter Freestyle</b>			
1 Bussart, Megan	36 BMSC-PN	2:33.73	
		1:15.52	2:33.73
2 Singer, Shannon	36 SVY-PN	3:21.25	
		1:37.65	3:21.25
<b>Women 35-39 400 LC Meter Freestyle</b>			
1 Kale, Helene	36 SVY-PN	6:58.79	
		1:37.14	3:24.54
		5:15.51	6:58.79
2 Singer, Shannon	36 SVY-PN	7:11.13	
		1:40.74	3:31.79
		5:24.55	7:11.13
<b>Women 35-39 800 LC Meter Freestyle</b>			
1 Bussart, Megan	36 BMSC-PN	11:13.17	
		1:21.62	2:47.62
		4:13.50	5:38.67
		7:03.69	8:28.33
		9:52.54	11:13.17
2 Singer, Shannon	36 SVY-PN	15:08.74	
		1:46.87	3:40.51
		5:34.91	7:30.09
		9:26.17	11:22.15
		13:18.05	15:08.74
<b>Women 35-39 50 LC Meter Backstroke</b>			
1 Moore, Kathy	39 UN-PN	46.02	
2 Kale, Helene	36 SVY-PN	50.04	
3 McDermott, Kelly	39 WEST-PN	50.16	
4 Singer, Shannon	36 SVY-PN	50.18	
<b>Women 35-39 50 LC Meter Breaststroke</b>			
1 McDermott, Kelly	39 WEST-PN	50.74	
2 Moore, Kathy	39 UN-PN	53.27	
3 Kale, Helene	36 SVY-PN	58.66	
<b>Women 35-39 50 LC Meter Butterfly</b>			
1 Moore, Kathy	39 UN-PN	42.70	
<b>Women 35-39 200 LC Meter IM</b>			
1 McDermott, Kelly	39 WEST-PN	3:34.05	
		1:45.53	
		3:34.05	
<b>Women 40-44 50 LC Meter Freestyle</b>			
1 Whitney, Jamie	42 BAM-PN	32.99	
2 Quistorf, Renee	42 NEO-PN	34.93	
3 Williamson, Pamela	42 WEST-PN	38.72	
<b>Women 40-44 100 LC Meter Freestyle</b>			
1 Whitney, Jamie	42 BAM-PN	1:14.88	
2 Quistorf, Renee	42 NEO-PN	1:17.60	
3 Williamson, Pamela	42 WEST-PN	1:25.55	
<b>Women 40-44 200 LC Meter Freestyle</b>			
1 Whitney, Jamie	42 BAM-PN	2:46.92	
		1:21.57	2:46.92
<b>Women 40-44 400 LC Meter Freestyle</b>			
1 Speir, Kris	43 TACY-PN	6:05.65	
		4:33.87	6:05.65

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**Women 40-44 50 LC Meter Backstroke**

1 Williamson, Pamela 42 WEST-PN 46.77

**Women 40-44 100 LC Meter Backstroke**

1 Quistorf, Renee 42 NEO-PN 1:36.06  
2 Williamson, Pamela 42 WEST-PN 1:38.14

**Women 40-44 50 LC Meter Breaststroke**

1 Whitney, Jamie 42 BAM-PN 43.21

**Women 40-44 100 LC Meter Breaststroke**

1 Speir, Kris 43 TACY-PN 1:38.12  
2 Whitney, Jamie 42 BAM-PN 1:39.87

**Women 40-44 200 LC Meter Breaststroke**

1 Speir, Kris 43 TACY-PN 3:37.85  
1:46.56 3:37.85

**Women 40-44 50 LC Meter Butterfly**

1 Speir, Kris 43 TACY-PN 37.33

**Women 40-44 200 LC Meter IM**

1 Williamson, Pamela 42 WEST-PN 3:27.23

**Women 45-49 50 LC Meter Freestyle**

1 Dahl, Lisa 45 BAM-PN **28.68 Z**  
2 VanGerpen, Darbi 46 WEST-PN 52.21

**Women 45-49 400 LC Meter Freestyle**

1 Clutter, Cindy 46 LCM-IW 6:14.52  
1:29.45 3:04.95 4:41.02 6:14.52

**Women 45-49 800 LC Meter Freestyle**

1 Clutter, Cindy 46 LCM-IW 12:53.88  
11:19.44 12:53.88

**Women 45-49 50 LC Meter Backstroke**

1 Courtney, Zena 47 FWM-PN 37.64  
2 VanGerpen, Darbi 46 WEST-PN 1:02.16

**Women 45-49 100 LC Meter Backstroke**

1 Courtney, Zena 47 FWM-PN 1:21.98  
2 VanGerpen, Darbi 46 WEST-PN 2:24.86

**Women 45-49 200 LC Meter Backstroke**

1 Courtney, Zena 47 FWM-PN 2:50.92  
1:26.37 2:50.92

**Women 45-49 50 LC Meter Breaststroke**

1 Clutter, Cindy 46 LCM-IW 47.45  
2 VanGerpen, Darbi 46 WEST-PN 1:12.77

**Women 45-49 100 LC Meter Breaststroke**

1 Clutter, Cindy 46 LCM-IW 1:46.15

**Women 45-49 50 LC Meter Butterfly**

1 Dahl, Lisa 45 BAM-PN **30.88 P**  
2 VanGerpen, Darbi 46 WEST-PN 1:02.52

**Women 45-49 200 LC Meter IM**

1 Courtney, Zena 47 FWM-PN **2:57.31 P**  
1:21.37 2:57.31

**Women 45-49 400 LC Meter IM**

1 Courtney, Zena 47 FWM-PN **6:17.03 P**  
1:25.22 2:59.51 4:52.59 6:17.03

**Women 50-54 50 LC Meter Freestyle**

1 Lippold, Mary 50 NEO-PN 31.31  
2 Hair, Margaret 51 LCM-IW 33.41  
3 Johnson, Janet 52 PTMS-PN 37.66  
4 Keane, Deborah 50 WEST-PN 41.23  
5 Hackbarth, Corinne 51 WEST-PN 1:03.99

**Women 50-54 100 LC Meter Freestyle**

1 Lippold, Mary 50 NEO-PN 1:09.27  
2 Glassman, Debbie 53 NEO-PN 1:12.31  
3 Keane, Deborah 50 WEST-PN 1:30.86  
4 Hackbarth, Corinne 51 WEST-PN 2:27.15

**Women 50-54 200 LC Meter Freestyle**

1 Lippold, Mary 50 NEO-PN 2:32.27  
1:15.45 2:32.27

**Women 50-54 800 LC Meter Freestyle**

1 Lippold, Mary 50 NEO-PN 11:18.19  
1:18.98 2:45.11 4:10.97 5:37.43  
7:03.91 8:30.20 9:56.04 11:18.19  
2 Duggan, Pat 53 FWM-PN 16:03.59  
1:56.04 3:57.32 6:00.05 8:01.97  
12:05.74 14:06.27 16:03.59

**Women 50-54 50 LC Meter Backstroke**

1 Hair, Margaret 51 LCM-IW 44.83  
2 Keane, Deborah 50 WEST-PN 52.63  
3 Hackbarth, Corinne 51 WEST-PN 1:14.96

**Women 50-54 50 LC Meter Breaststroke**

1 Johnson, Janet 52 PTMS-PN 46.77  
2 Hackbarth, Corinne 51 WEST-PN 1:14.82

**Women 50-54 100 LC Meter Breaststroke**

1 Johnson, Janet 52 PTMS-PN 1:46.23

**Women 50-54 200 LC Meter Breaststroke**

1 Johnson, Janet 52 PTMS-PN 3:44.55  
1:52.69 3:44.55  
2 Hair, Margaret 51 LCM-IW 3:44.95  
1:46.38 3:44.95

**Women 50-54 100 LC Meter Butterfly**

1 Glassman, Debbie 53 NEO-PN 1:22.67

**Women 50-54 200 LC Meter Butterfly**

1 Glassman, Debbie 53 NEO-PN 3:06.80  
1:19.18 3:06.80  
2 Hair, Margaret 51 LCM-IW 3:37.02  
1:40.19 3:37.02

**Women 50-54 200 LC Meter IM**

1 Hair, Margaret 51 LCM-IW 3:20.17  
1:39.46 3:20.17

**Women 55-59 50 LC Meter Freestyle**

1 Davis, Charlotte 56 NEO-PN **31.06 Z**

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<b>Women 55-59 200 LC Meter Freestyle</b>				1:56.09	3:58.04	5:59.20	8:02.50
1	Welch, Sarah	59	SSEA-PN	3:08.84		14:05.23	16:02.06
				1:34.85	3:08.84		
2	Moore, Jane	56	FWM-PN	3:59.36			
				1:57.74	3:59.36		
---	Davis, Charlotte	56	NEO-PN	DNF			
				1:09.93			

<b>Women 55-59 800 LC Meter Freestyle</b>				
1	Casey, Kathrine	58	FTSW-PN	13:40.50
				3:25.04
				5:08.31
				13:40.50

<b>Women 55-59 5000 LC Meter Freestyle</b>				
1	Moore, Jane	56	FWM-PN	1:23:41.03
				41.17
				12:52.07
				15:04.51
				17:17.30
				19:31.92
				21:46.08
				24:02.08
				33:17.46
				1:11:19.65
				1:16:35.03
				1:23:41.03

<b>Women 55-59 50 LC Meter Backstroke</b>				
1	Casey, Kathrine	58	FTSW-PN	44.71

<b>Women 55-59 100 LC Meter Backstroke</b>				
1	Casey, Kathrine	58	FTSW-PN	1:36.57

<b>Women 55-59 200 LC Meter Backstroke</b>				
1	Casey, Kathrine	58	FTSW-PN	3:32.49
				1:45.60
				3:32.49

<b>Women 55-59 200 LC Meter Breaststroke</b>				
1	Moore, Jane	56	FWM-PN	5:32.32

<b>Women 55-59 50 LC Meter Butterfly</b>				
1	Davis, Charlotte	56	NEO-PN	<b>33.98 N</b>

<b>Women 55-59 200 LC Meter IM</b>				
1	Welch, Sarah	59	SSEA-PN	3:34.03
				526:06:40.
				1:45.51
				3:34.03

<b>Women 55-59 400 LC Meter IM</b>				
1	Davis, Charlotte	56	NEO-PN	<b>6:10.88 W</b>
				1:31.24
				3:03.96
				4:51.97
				6:10.88
2	Welch, Sarah	59	SSEA-PN	7:35.06
				1:49.27
				3:50.42
				5:59.58
				7:35.06
3	Casey, Kathrine	58	FTSW-PN	7:39.60
				1:58.85
				3:53.97
				6:05.24
				7:39.60

<b>Women 60-64 50 LC Meter Freestyle</b>				
1	Hansen, Marsha	60	SVY-PN	43.97

<b>Women 60-64 200 LC Meter Freestyle</b>				
1	Litt, Arni	60	GLAD-PN	3:25.32
				1:41.25
				3:25.32
2	Ensign, Jeanne	60	GLAD-PN	3:47.69
				1:54.13
				3:47.69

<b>Women 60-64 400 LC Meter Freestyle</b>				
1	Ensign, Jeanne	60	GLAD-PN	8:04.48
				1:55.08
				3:58.67
				6:02.29
				8:04.48

<b>Women 60-64 800 LC Meter Freestyle</b>				
1	Ensign, Jeanne	60	GLAD-PN	16:02.06

<b>Women 60-64 5000 LC Meter Freestyle</b>				
1	Litt, Arni	60	GLAD-PN	1:05:18.09
				1:53.39
				3:46.17
				9:32.17
				11:26.91
				13:25.09
				15:22.68
				17:22.59
				19:18.47
				21:13.66
				23:18.65
				25:20.88
				29:26.93
				31:29.66
				33:33.30
				35:36.19
				37:40.41
				39:44.22
				41:50.56
				43:53.98
				46:00.19
				48:08.21
				50:14.82
				54:30.15
				56:15.16
				58:48.89
				1:01:00.67
				1:03:12.51
				1:05:18.09

<b>Women 60-64 50 LC Meter Backstroke</b>				
1	Hansen, Marsha	60	SVY-PN	54.58

<b>Women 60-64 100 LC Meter Backstroke</b>				
1	Pronk, Bonnie	64	MSBC	1:31.55

<b>Women 60-64 50 LC Meter Breaststroke</b>				
1	Litt, Arni	60	GLAD-PN	52.43
2	Hansen, Marsha	60	SVY-PN	56.20

<b>Women 60-64 100 LC Meter Breaststroke</b>				
1	Pronk, Bonnie	64	MSBC	1:35.06

<b>Women 60-64 200 LC Meter Breaststroke</b>				
1	Pronk, Bonnie	64	MSBC	3:28.84
				1:41.68
				3:28.84
2	Litt, Arni	60	GLAD-PN	3:54.82
				1:53.05
				3:54.82

<b>Women 60-64 50 LC Meter Butterfly</b>				
1	Hansen, Marsha	60	SVY-PN	51.96
2	Litt, Arni	60	GLAD-PN	52.16

<b>Women 60-64 200 LC Meter IM</b>				
1	Pronk, Bonnie	64	MSBC	3:19.54
				1:37.21
				3:19.54

<b>Women 60-64 400 LC Meter IM</b>				
1	Litt, Arni	60	GLAD-PN	8:08.08
				1:58.56
				3:57.56
				6:18.92
				8:08.08

<b>Women 65-69 50 LC Meter Freestyle</b>				
1	Fritz, Jill	66	LWS-PN	47.76

<b>Women 65-69 100 LC Meter Freestyle</b>				
1	Bower, Barbara	68	WMST-GU	1:45.83
2	Fritz, Jill	66	LWS-PN	1:52.27

<b>Women 65-69 400 LC Meter Freestyle</b>				
1	Bower, Barbara	68	WMST-GU	7:45.72
				1:54.04
				7:45.72

<b>Women 65-69 50 LC Meter Backstroke</b>				
1	Fritz, Jill	66	LWS-PN	56.90

<b>Women 65-69 100 LC Meter Backstroke</b>				
---	Fritz, Jill	66	LWS-PN	DQ

<b>Women 65-69 200 LC Meter Backstroke</b>			
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1 Bower, Barbara	68 WMST-GU	4:15.59	1 Negrete, Adam	18 SVY-PN	3:45.14
2:07.39	4:15.59		1:51.01	3:45.14	
<b>Women 65-69 50 LC Meter Breaststroke</b>			<b>Men 25-29 100 LC Meter Freestyle</b>		
1 Fritz, Jill	66 LWS-PN	1:14.53	1 Tourigny, David	27 LWS-PN	1:26.17
<b>Women 65-69 50 LC Meter Butterfly</b>			<b>Men 30-34 100 LC Meter Freestyle</b>		
1 Kraetzler, Midge	68 WCM-PC	48.85	1 Rosaria, Steven	32 PRO-PN	1:03.99
<b>Women 70-74 100 LC Meter Breaststroke</b>			<b>Men 30-34 50 LC Meter Backstroke</b>		
1 Bryce, Karen	73 GLAD-PN	4:16.82	1 Rosaria, Steven	32 PRO-PN	36.20
<b>Women 75-79 50 LC Meter Freestyle</b>			<b>Men 30-34 50 LC Meter Breaststroke</b>		
1 Phillips, Bernice	79 BAM-PN	57.71	1 Rosaria, Steven	32 PRO-PN	37.08
2 Vasquez, Rita	75 WEST-PN	1:05.75	<b>Men 30-34 100 LC Meter Breaststroke</b>		
<b>Women 75-79 100 LC Meter Freestyle</b>			1 Rosaria, Steven	32 PRO-PN	1:21.37
1 Phillips, Bernice	79 BAM-PN	2:18.30	<b>Men 35-39 400 LC Meter Freestyle</b>		
<b>Women 75-79 50 LC Meter Backstroke</b>			1 Kays, David	39 PRO-PN	5:00.74
1 Phillips, Bernice	79 BAM-PN	<b>56.47 Z</b>	1:10.85	2:27.09	3:44.44
2 Vasquez, Rita	75 WEST-PN	1:49.00	5:00.74		
<b>Women 75-79 100 LC Meter Backstroke</b>			<b>Men 35-39 800 LC Meter Freestyle</b>		
1 Phillips, Bernice	79 BAM-PN	<b>2:16.90 Z</b>	1 Kays, David	39 PRO-PN	10:23.79
<b>Women 75-79 50 LC Meter Breaststroke</b>			1:14.57	2:32.55	3:51.19
1 Vasquez, Rita	75 WEST-PN	1:22.01	6:30.02	7:48.60	9:07.42
<b>Women 85-89 100 LC Meter Freestyle</b>			10:23.79		
1 Chadwick, Marion	85 BC-PN	<b>2:56.93 P</b>	<b>Men 35-39 100 LC Meter Backstroke</b>		
<b>Women 85-89 200 LC Meter Freestyle</b>			1 Layden, James	36 ORCA-PN	1:33.60
1 Chadwick, Marion	85 BC-PN	<b>6:30.15 P</b>	<b>Men 35-39 50 LC Meter Breaststroke</b>		
3:09.39	6:30.15		1 Kays, David	39 PRO-PN	36.72
<b>Women 85-89 400 LC Meter Freestyle</b>			2 Layden, James	36 ORCA-PN	48.18
1 Chadwick, Marion	85 BC-PN	<b>14:30.58 P</b>	<b>Men 35-39 100 LC Meter Breaststroke</b>		
3:16.28	5:18.22	7:02.37	14:30.58	1 Kays, David	39 PRO-PN
<b>Women 85-89 100 LC Meter Backstroke</b>			2 Layden, James	36 ORCA-PN	1:38.18
1 Chadwick, Marion	85 BC-PN	<b>3:38.58 P</b>	<b>Men 35-39 50 LC Meter Butterfly</b>		
<b>Women 85-89 200 LC Meter Backstroke</b>			1 Layden, James	36 ORCA-PN	40.96
1 Chadwick, Marion	85 BC-PN	<b>7:23.40 P</b>	<b>Men 35-39 200 LC Meter IM</b>		
3:44.62	7:23.40		1 Layden, James	36 ORCA-PN	3:15.84
<b>Men 18-24 50 LC Meter Freestyle</b>			1:33.53	3:15.84	
1 Negrete, Adam	18 SVY-PN	36.12	<b>Men 40-44 50 LC Meter Freestyle</b>		
<b>Men 18-24 400 LC Meter Freestyle</b>			1 Smith, Daniel	44 FWM-PN	29.13
1 Negrete, Adam	18 SVY-PN	6:47.43	2 Towle, Jacob	40 PAC-PN	31.75
5:05.92	6:47.43		3 Turcott, Michael	43 TACM-PN	32.54
<b>Men 18-24 800 LC Meter Freestyle</b>			<b>Men 40-44 100 LC Meter Freestyle</b>		
1 Negrete, Adam	18 SVY-PN	14:10.18	1 Turner, David	44 WEST-PN	1:10.59
1:37.05	3:23.28	5:08.88	2 Towle, Jacob	40 PAC-PN	1:12.39
8:43.92	10:32.31	12:21.12	3 Turcott, Michael	43 TACM-PN	1:20.68
<b>Men 18-24 50 LC Meter Breaststroke</b>			<b>Men 40-44 200 LC Meter Freestyle</b>		
1 Negrete, Adam	18 SVY-PN	47.63	1 Turner, David	44 WEST-PN	2:44.24
<b>Men 18-24 200 LC Meter Breaststroke</b>			1:18.83	2:44.24	
			2 Towle, Jacob	40 PAC-PN	2:45.43
			1:21.38	2:45.43	
			3 Turcott, Michael	43 TACM-PN	3:07.26
			1:32.76	3:07.26	

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**Men 40-44 800 LC Meter Freestyle**

					23:58.00	25:22.02	26:45.82	28:09.48	
1	Smith, Daniel	44	FWM-PN	10:30.03	29:33.38	30:57.27	32:20.98	33:45.15	
					1:14.92	2:34.05	3:54.16	5:14.82	
					6:35.26	7:55.85	9:14.26	10:30.03	
2	Peterson, Chad	43	UN-PN	13:53.14	40:42.66	42:07.00	43:31.27	44:54.79	1:10:24.28
					1:26.49	3:07.75	4:50.76	6:36.70	
					8:26.40	10:15.02	12:05.71	13:53.14	
3	Turcott, Michael	43	TACM-PN	14:30.46					
					1:38.13	3:27.18	5:16.93	7:07.63	
					8:59.35	10:51.04	12:41.85	14:30.46	

**Men 45-49 50 LC Meter Backstroke**

1	Haynie, Carl	46	CAC-PN	34.31
2	DeRego, David	48	UN-PN	40.20

**Men 45-49 100 LC Meter Backstroke**

1	Haynie, Carl	46	CAC-PN	1:15.20
2	Russell, Brian	49	BAM-PN	1:18.49
3	Dean, Tom	48	WEST-PN	1:41.50

**Men 45-49 200 LC Meter Backstroke**

1	Haynie, Carl	46	CAC-PN	2:50.32
				1:25.25
2	Dybdahl, Eric	46	FWM-PN	3:05.43
				1:29.53
				3:05.43

**Men 45-49 50 LC Meter Breaststroke**

1	Baca, Jon	46	BMSC-PN	<b>33.66 P</b>
2	Ikeda, Paul	47	ORCA-PN	42.73
3	DeRego, David	48	UN-PN	42.94

**Men 45-49 100 LC Meter Breaststroke**

1	Baca, Jon	46	BMSC-PN	<b>1:16.52 P</b>
2	Dean, Tom	48	WEST-PN	1:41.37

**Men 45-49 200 LC Meter Breaststroke**

1	Baca, Jon	46	BMSC-PN	2:55.22
				1:25.02
				2:55.22

**Men 45-49 50 LC Meter Butterfly**

1	Boytlar, Bruce	48	FWM-PN	31.64
2	Dean, Tom	48	WEST-PN	35.75
3	DeRego, David	48	UN-PN	42.04

**Men 45-49 100 LC Meter Butterfly**

1	Russell, Brian	49	BAM-PN	1:11.04
2	Boytlar, Bruce	48	FWM-PN	1:18.48
3	Dean, Tom	48	WEST-PN	1:32.06

**Men 45-49 200 LC Meter Butterfly**

1	Robinson, Dan	49	GLAD-PN	2:37.74
				1:16.70
				2:37.74

**Men 45-49 200 LC Meter IM**

1	Russell, Brian	49	BAM-PN	2:42.32
				1:15.98
2	Ikeda, Paul	47	ORCA-PN	3:23.62
				2:42.32

**Men 45-49 400 LC Meter IM**

1	Russell, Brian	49	BAM-PN	5:53.00
				1:17.80
				2:51.90
				4:34.19
				5:53.00

**Men 50-54 5000 LC Meter Freestyle**

1	Lautman, Scott	54	FWM-PN	1:10:24.50
				1:26.51
				2:52.54
				4:18.56
				5:43.54
				7:08.73
				8:34.00
				9:58.63
				11:22.54
				12:46.80
				14:10.86
				15:34.99
				16:58.75
				18:22.75
				19:46.69
				21:09.97
				22:33.75
				23:58.01
				25:22.13
				26:45.87
				28:09.40
				29:33.04
				30:57.12
				32:21.00
				33:45.07

**Men 40-44 50 LC Meter Breaststroke**

1	Smith, Daniel	44	FWM-PN	36.43
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**Men 40-44 100 LC Meter Breaststroke**

1	Turner, David	44	WEST-PN	1:29.97
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**Men 40-44 200 LC Meter Breaststroke**

1	Smith, Daniel	44	FWM-PN	2:57.81
				1:24.59
				2:57.81
2	Turner, David	44	WEST-PN	3:30.64
				1:39.38
				3:30.64

**Men 40-44 50 LC Meter Butterfly**

1	Turcott, Michael	43	TACM-PN	41.54
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**Men 40-44 200 LC Meter IM**

1	Turner, David	44	WEST-PN	3:09.54
				1:34.77
				3:09.54

**Men 45-49 50 LC Meter Freestyle**

1	Boytlar, Bruce	48	FWM-PN	29.62
2	DeRego, David	48	UN-PN	32.77

**Men 45-49 100 LC Meter Freestyle**

1	Boytlar, Bruce	48	FWM-PN	1:06.91
2	Haynie, Carl	46	CAC-PN	1:06.95
3	Dybdahl, Eric	46	FWM-PN	1:11.02
4	Ikeda, Paul	47	ORCA-PN	1:27.17

**Men 45-49 200 LC Meter Freestyle**

1	Dybdahl, Eric	46	FWM-PN	2:36.37
				1:17.51
				2:36.37

**Men 45-49 400 LC Meter Freestyle**

1	Dybdahl, Eric	46	FWM-PN	5:25.59
				1:15.52
				2:39.23
				4:03.81
				5:25.59
2	Boytlar, Bruce	48	FWM-PN	5:37.04
				1:22.49
				2:48.56
				4:14.29
				5:37.04

**Men 45-49 800 LC Meter Freestyle**

1	Dybdahl, Eric	46	FWM-PN	11:15.67
				1:20.83
				2:45.93
				4:13.04
				5:38.87
				7:03.14
				8:28.14
				9:53.64
				11:15.67
2	Ikeda, Paul	47	ORCA-PN	13:37.32
				1:39.30
				3:23.18
				5:07.68
				6:53.03
				8:36.83
				10:19.34
				12:01.27
				13:37.32

**Men 45-49 5000 LC Meter Freestyle**

1	Robinson, Dan	49	GLAD-PN	1:10:24.28
				1:26.10
				2:52.34
				4:18.29
				5:43.26
				7:08.62
				8:33.65
				9:58.53
				11:22.49
				12:46.70
				14:10.73
				15:34.81
				16:58.67
				18:22.74
				19:46.50
				21:10.18
				22:34.09

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	35:08.82	36:32.36	37:55.48	39:18.72	
	40:42.52	42:06.98	43:31.15	44:54.60	1:10:24.50
2 Moore, Hugh			52 FWM-PN		1:32:26.65
	1:35.37	3:15.70	4:55.65	6:37.53	
	8:18.06	9:58.64		13:20.57	
	15:02.69	16:44.43	18:26.70		
	21:54.67	23:39.84	25:26.53	27:14.02	
	29:02.61	30:49.32	32:38.18	34:29.11	
	36:19.55	38:13.31	40:07.10	42:01.77	
	43:55.71	45:51.00	47:46.21	49:41.83	
	51:37.47	53:32.91	55:30.00	57:29.57	1:32:26.65

**Men 50-54 50 LC Meter Butterfly**

1 Moore, Hugh	52 FWM-PN	34.16
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**Men 50-54 100 LC Meter Butterfly**

1 Moore, Hugh	52 FWM-PN	1:17.75
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**Men 50-54 200 LC Meter Butterfly**

1 Lautman, Scott	54 FWM-PN	2:29.80
	1:15.54	2:29.80

**Men 55-59 50 LC Meter Freestyle**

1 Jacobs, Ronald	55 GLAD-PN	28.65
2 Carlton, Brian	56 NSYG-PN	33.93

**Men 55-59 100 LC Meter Freestyle**

1 Jacobs, Ronald	55 GLAD-PN	<b>1:03.48 Z</b>
2 Carlton, Brian	56 NSYG-PN	1:16.55
3 Walker, Thomas	59 CAC-PN	1:31.35

**Men 55-59 200 LC Meter Freestyle**

1 Jacobs, Ronald	55 GLAD-PN	<b>2:26.40 P</b>
	1:12.42	2:26.40
2 Carlton, Brian	56 NSYG-PN	2:53.25
	1:24.63	2:53.25

**Men 55-59 400 LC Meter Freestyle**

1 Hansen, Ron	57 SVY-PN	6:52.99
	1:36.85	3:21.77
	5:09.66	6:52.99

**Men 55-59 800 LC Meter Freestyle**

1 Carlton, Brian	56 NSYG-PN	12:59.74
	1:30.99	3:08.95
	4:48.26	6:29.03
	8:08.65	9:48.61
	11:28.51	12:59.74
2 Hansen, Ron	57 SVY-PN	14:28.04
	1:41.18	3:28.05
	5:18.07	7:08.71
	8:58.79	10:50.59
	12:40.82	14:28.04

**Men 55-59 50 LC Meter Backstroke**

1 Jacobs, Ronald	55 GLAD-PN	35.70
2 Walker, Thomas	59 CAC-PN	49.33
3 Hansen, Ron	57 SVY-PN	53.56

**Men 55-59 100 LC Meter Backstroke**

1 Jacobs, Ronald	55 GLAD-PN	1:19.56
2 Walker, Thomas	59 CAC-PN	1:50.19

**Men 55-59 200 LC Meter Backstroke**

1 Walker, Thomas	59 CAC-PN	3:58.78
	1:57.19	3:58.78

**Men 55-59 50 LC Meter Breaststroke**

1 Hansen, Ron	57 SVY-PN	49.16
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**Men 60-64 50 LC Meter Freestyle**

1 Sawyer, Dennis	62 BAM-PN	35.26
2 McKinlay, Michael	63 BEST-PN	36.21

**Men 60-64 100 LC Meter Freestyle**

1 Leet, John	61 FWM-PN	1:14.96
2 Sawyer, Dennis	62 BAM-PN	1:19.17
3 McKinlay, Michael	63 BEST-PN	1:24.27

**Men 60-64 400 LC Meter Freestyle**

1 Leet, John	61 FWM-PN	6:18.41
	1:30.34	3:07.87
	4:44.60	6:18.41

**Men 60-64 800 LC Meter Freestyle**

1 McColly, Michael	61 NEO-PN	<b>11:26.43 P</b>
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**Men 60-64 50 LC Meter Backstroke**

1 McKinlay, Michael	63 BEST-PN	41.65
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**Men 60-64 100 LC Meter Backstroke**

1 McKinlay, Michael	63 BEST-PN	1:38.03
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**Men 60-64 200 LC Meter Backstroke**

1 McColly, Michael	61 NEO-PN	2:58.33
	1:29.13	2:58.33
--- McKinlay, Michael	63 BEST-PN	DQ

**Men 60-64 50 LC Meter Breaststroke**

1 Peterson, Steven	60 OOPS-PN	38.50
2 Leet, John	61 FWM-PN	41.25
3 Sawyer, Dennis	62 BAM-PN	42.32

**Men 60-64 100 LC Meter Breaststroke**

1 Peterson, Steven	60 OOPS-PN	1:25.46
2 Sawyer, Dennis	62 BAM-PN	1:35.81
3 Leet, John	61 FWM-PN	1:38.50

**Men 60-64 200 LC Meter Breaststroke**

1 Peterson, Steven	60 OOPS-PN	<b>3:10.15 Z</b>
	1:30.12	3:10.15

**Men 60-64 200 LC Meter IM**

1 Peterson, Steven	60 OOPS-PN	2:59.31
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**Men 60-64 400 LC Meter IM**

1 McColly, Michael	61 NEO-PN	<b>6:16.25 P</b>
	1:34.38	3:11.31
	4:56.88	6:16.25

**Men 65-69 100 LC Meter Freestyle**

1 Newquist, Frank	69 FWM-PN	1:43.60
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**Men 65-69 400 LC Meter Freestyle**

1 Newquist, Frank	69 FWM-PN	7:47.79
	1:55.76	3:56.70
	5:53.42	7:47.79

**Men 65-69 100 LC Meter Backstroke**

1 Nordby, Michael	65 NEO-PN	1:34.13
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**Men 65-69 200 LC Meter Backstroke**

1 Nordby, Michael	65 NEO-PN	<b>3:17.46 P</b>
	1:38.32	3:17.46
2 Newquist, Frank	69 FWM-PN	4:45.63

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**Men 65-69 200 LC Meter Breaststroke**

1 Nordby, Michael 65 NEO-PN 3:34.25  
1:47.49 3:34.25

**Men 65-69 200 LC Meter IM**

1 Nordby, Michael 65 NEO-PN **3:14.87 P**

**Men 70-74 50 LC Meter Freestyle**

1 Addleman, David 71 FWM-PN 34.42

**Men 70-74 100 LC Meter Freestyle**

1 Fritz, Jack 73 LWS-PN 1:43.82

**Men 70-74 50 LC Meter Backstroke**

1 Addleman, David 71 FWM-PN 46.87  
2 Fritz, Jack 73 LWS-PN 1:09.03

**Men 70-74 50 LC Meter Breaststroke**

1 Addleman, David 71 FWM-PN 51.81  
2 Fritz, Jack 73 LWS-PN 1:05.36

**Men 70-74 50 LC Meter Butterfly**

1 Addleman, David 71 FWM-PN 43.43  
2 Fritz, Jack 73 LWS-PN 1:06.74

**Men 75-79 50 LC Meter Freestyle**

1 Bower, Dick 76 WMST-GU 36.78

**Men 75-79 200 LC Meter Freestyle**

1 Miller, Bob 77 BAM-PN 3:06.33  
1:31.88 3:06.33

**Men 75-79 400 LC Meter Freestyle**

1 Miller, Bob 77 BAM-PN **6:23.97 Z**  
1:34.00 3:13.36 4:50.16 6:23.97  
2 Taylor, Thomas 75 FWM-PN 6:24.31  
1:31.44 3:12.30 4:52.39 6:24.31

**Men 75-79 800 LC Meter Freestyle**

1 Miller, Bob 77 BAM-PN **13:28.32 Z**  
1:40.66 3:24.73 5:06.85 6:49.34  
8:30.43 10:12.73 11:18.47 13:28.32

**Men 75-79 50 LC Meter Backstroke**

1 Bower, Dick 76 WMST-GU 54.59

**Men 75-79 100 LC Meter Backstroke**

1 Miller, Bob 77 BAM-PN **1:34.32 P**

**Men 75-79 200 LC Meter Backstroke**

1 Miller, Bob 77 BAM-PN **3:19.06 Z**  
1:40.01 3:19.06

**Men 75-79 50 LC Meter Breaststroke**

1 Taylor, Thomas 75 FWM-PN **45.82 P**

**Men 75-79 100 LC Meter Breaststroke**

1 Taylor, Thomas 75 FWM-PN **1:46.27 Z**

**Men 75-79 200 LC Meter Breaststroke**

1 Taylor, Thomas 75 FWM-PN **4:04.03 P**  
2:00.15 4:04.03

**Women 120-159 200 LC Meter Freestyle Relay**

1 PNA-PN A 2:14.14  
1) Casey, Kathrine W58 2) Whitney, Jamie W42  
3) Bussart, Megan W36 4) Dahl, Lisa W45  
1:13.06 2:14.14

**Mixed 120-159 200 LC Meter Freestyle Relay**

1 SVY-PN A 2:37.46  
1) Kale, Helene W36 2) Hansen, Ron M57  
3) Singer, Shannon W36 4) Negrete, Adam M18  
1:22.95 2:37.46