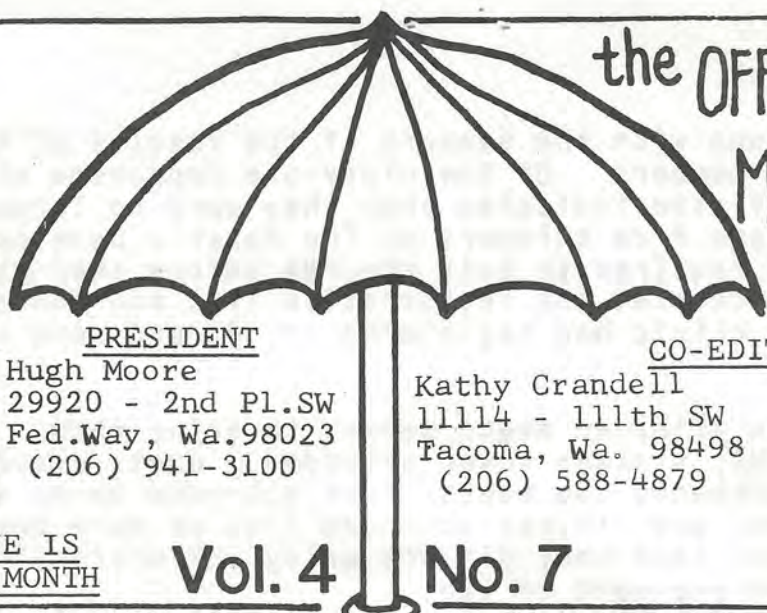




# the OFFICIAL PNA MASTERS NEWSLETTER



PRESIDENT  
Hugh Moore  
29920 - 2nd Pl. SW  
Fed. Way, Wa. 98023  
(206) 941-3100

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Renton, Wa. 98056  
(206) 226-9295

NEWSLETTER DEADLINE IS  
FIRST DAY OF EVERY MONTH

## Vol. 4 No. 7

JULY 10, 1985

### Schedule • Calendar

- July 13 LC Workout, BAC, 9-10:30
- July 20-21 REG XII LC CHAMPS  
So. End Tacoma
- Aug. 27 Bd. Meeting, Moore's  
at 7:00 pm
- Sep. 24 Bd. Meeting, Ann Gindroz  
at 7:00 pm
- Oct. 5 Long Range Planning Retreat

- 1985 NATIONALS  
Aug. 7-14 Masters Games, Toronto  
Entire games, Aug. 7-25
- Aug. 17-30 LC Providence, R.I.
- 1986 NATIONALS  
May 15-18 SC Fort Pierce, Florida  
Aug. 21-24 LC Mount Hood, Oregon

BOARD MEETING, July 23, Sue Dearborn's, 3401 E. Mercer, Seattle (324-4945) 7:00pm

### EDITOR'S CORNER

PNA HAS A RECORDED MESSAGE PHONE  
NUMBER UNDER S.W. DEARBORN:  
(306) 328-4424

TORONTO CHAMPIONSHIP WORKOUTS: Saturday,  
July 13, BAC, 9:00-10:30am. Bring \$1.00 to  
pay the coach! Go through the "Athletic  
Entrance" (lower entrance): YOU MUST SHOW  
YOUR USMS CARD TO GET IN!

WE NEED A CARTOONIST! Anyone interested in drawing cartoons for the Wet Set  
contact Kathy Crandell. (phone above)

♡♡ RICK INGRAHAM AND LISA RHEA request the honor of your presence at their wedding  
July 27th, 1985, 2:00 pm, at Peoples Church, 1819 E. 72nd, Tacoma. ♡

REGION XII PICNIC: Don't forget to send in your reservation to Kiko as this is  
catered. Information and map is on Page 10.

REMINDER! If charged with a false start, you may not swim the race anyway, not  
even as exhibition!

LC REGIONALS: We must be out of pool by 1:00 pm each day. It is an outdoor pool.

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Dear Master Swimmer,

I'd like to continue with the summary of the results of the survey that we sent to ex-PNA members. Of the sixty-one responses still residing in the region, twenty-nine indicated that they were no longer swimming. Eight responses came from swimmers at The Aquatic Development Clinic. In 1983 they were required to join the PNA before they were allowed to take classes. We checked the registration list and found that nineteen swimmers from the clinic had registered in '83 and none of them re-joined.

Those swimmers who attended meets seemed to enjoy them. Of those still residing in the PNA, sixteen never attended a meet; eleven attended only one meet; seven attended two meets; four attended three meets; three attended three meets; and fifteen attended five or more meets. However, only four responded that they did not enjoy the meets (three had attended 1 meet, and one went to two).

Most of those responding enjoyed the newsletter. Nine swimmers responded that they did not find the newsletter informative. However, five of those were members of the Aquatic Development Clinic. We received some negative comments from this group on this question.

We asked the swimmers if they were disappointed with the PNA. Seven responded that they were. The following reasons were given: a) too team oriented b) too competitive (two responses) c) meets were intimidating d) stuck-up attitude of other swimmers e) opposed to the membership fee structure (no discount late in year).

Next month I will share my conclusions, along with some quotes that I feel are worthwhile.

I'd like to thank Carolyn Behse for volunteering to chair the Officiating committee. We still have some slots to fill on a number of committees. There is no reason to feel intimidated about helping on a committee. Most of the committees do not require extra travel and require only a few hours of your time each year. Communication between members can generally be done at the meets or over the phone. Following is a list of committees that need new members.

Sunshine: Send cards and greetings to swimmers on who are sick or hospitalized, or for special occasions.

Constitution & By-laws: Review our Constitution and By-laws and propose necessary amendments.

Officiating: Work toward consistency of officiating at meets.

Community Service: Coordinate community service projects such as food drives.

Publicity: Publicize meets and the PNA in general. Submit articles to local media.

Social: Plan and announce social activities for the PNA, either separate or in conjunction with meets.

Travel: Organize and coordinate travel to out-of-area meets.

Teamwear: Help sell PNA teamwear at meets.

Relay Captains: Organize relays at regional and national meets for your age group.

We can use your help. If you are interested, contact either myself (941-3100) or Rick (851-7130).

Following is an incomplete list of places to swim around the Puget Sound area. We would like to make this list as complete as possible. If you have any corrections or additions, please send them to Hugh. Next month we will print a list of organized workouts and lap swims.

Pool	Address	phone
Auburn	516 4th NE, Auburn	839-6168
Newport Hills	5464 119th Ave. SE, Bellevue	746-9510
Bellevue	601 143rd NE, Bellevue	747-4245
Bellevue Racquets Club	NE Bellevue-Redmond Rd	747-4648
Olympic Swimming Pool	7070 Stampede Blvd., Bremerton	692-3192
Burien Swim Club	626 SW 154th, Burien	433-7900
Mt. Rainier	22722 19th Ave. S., Des Moines	824-1728
Enumclaw	420 Semanski S., Enumclaw	825-1188
Federal Way	30421 16th Ave. S, Federal Way	839-1000
Fife Community	5410 20th St. E, Fife	922-POOL
Issaquah	50 SE Clark, Issaquah	392-1650
Kent	25401 104th SE, Kent	854-3260
Tahoma	18230 SE 240th, Kent	432-1948
Juanita	10601 NE 132nd, Kirkland	828-3251
Mercer Island District Pool	8815 SE 40th	232-7370
Si View	41600 SE 122nd, North Bend	888-1447
Redmond	17535 NE 104th, Redmond	885-3600
Renton	16740 128th SE, Renton	226-9230
Hazen	1101 Hoquiam Ave. NE, Renton	235-2227
Ballard	1471 NW 67th, Seattle	783-7176
Colman (summer only)	8033 Fauntleroy Way SW, Seattle	938-2027
Evans	7201 E. Green Lake Dr. N.	625-4258
Helene Madison	13401 Meridian N., Seattle	362-5344
Meadowbrook	10515 35th NE, Seattle	365-9933
Medgar Evers	500 23rd, Seattle	324-2560
Queen Anne	1920 1st W, Seattle	625-2282
Rainier Beach	8825 Rainier S., Seattle	723-5919
Southwest	2801 SW Thistle, Seattle	935-6006
Evergreen	606 SW 116th, Seattle	246-1610
Northshore	9815 NE 188th, Bothell	486-9177
Shoreline	19030 1st Ave. NE, Seattle	363-4845
South Central	4414 S 144th, Seattle	242-2287
YMCA	909 4th, Seattle	382-5010
YWCA	1118 5th, Seattle	447-4868
Aquatic Development Clinic	11009 1st S., Seattle	232-3474
Red Shield	9050 16th SW, Seattle	767-3150
Seattle Athletic Club	333 NE 97th, Seattle	522-9400
View Ridge Club	5815 NE 77th, Seattle	524-3500
Wedgwood	7727 28th NE, Seattle	523-8211
Ft. Steilacoom	9401 Farwest Dr. SW, Tacoma	964-6678
Tacoma Pierce Co. Family YMCA	1002 S. Pearl St., Tacoma	564-9622
Eastside Community Pool	35th & L, Tacoma	591-2042

1985-86 MEET BIDS

If you are interested in bidding for a meet during the 1985-86 season and do not receive bid information by April 25th, please contact Jan Kavadas at 217 Alder St. #305, Edmonds, WA, 98020, (206)775-5814. Meet bids will be due by June 10th. There are some notable changes in the method that the PNA is handling meet bids this year.

1) The meet bids will be handled as a contract. Groups bidding for meets will be asked to identify items that they will provide at the meet. If they are granted the meet, then the PNA will sign the bid, completing the contract.

2) Teams awarded bids will receive 60 to 80 % of the meet revenues (unlike the previous set rate of 75%), depending on whether or not they meet the criteria listed on the contract.

\*\*\*\*\*

FROM WETSET READERS

Wetset readers are encouraged to send articles to the Wetset editors. Articles will be reviewed by the editors and published if they are felt to be appropriate, and if space permits. Articles will not be edited. Therefore, the PNA and the Wetset editors do not guarantee the accuracy of the articles printed. Furthermore, the articles do not necessarily reflect the view of the PNA or the Wetset editors.

\*\*\*\*\*

CHANGE OF ADDRESS FORM

NAME..... USMS #.....

OLD ADDRESS..... NEW ADDRESS.....

.....

.....ZIP..... ZIP.....

NEW PHONE NO.....

SEND TO: Jane & Hugh Moore  
29920 - 2nd Pl. S.W.  
Federal Way, Wa. 98023

H

PNA MASTERS SWIMMING  
1985-1986 MEET BID

Host organization: \_\_\_\_\_  
 Facility: \_\_\_\_\_  
 Contact Person: \_\_\_\_\_

<u>Dates</u>	<u>Name</u>
Sep. 20-22	_____
Oct. 18-20	_____
Nov. 15-17	N. Kitsap
Dec. 13-15	Husky
Jan. 10-12	Issaquah
Feb. 7-8	Kent
Mar. 14-16	Cascade
Apr. 4-6 (champs)	_____
May 15-16 SC Nationals	Ft. Pierce, Fla.
June 20-22 LC	_____
July 18-20 LC	_____
Aug. 21-24 LC Nationals	Mt. Hood Comm. College, Or.

MEET BIDS NEEDED FOR EMPTY SLOTS IN THE SCHEDULE!!!

\*\*\*\*\*

PNA COMMITTEES

<u>Committee</u>	<u>Chair</u>
At-large Reps	Susan Allen, Debbie Lewis & Jane Moore
Awards.....	Donna Phelan
Community Service.....	Steve Engle
Computer.....	Hugh Moore and Jane Moore
Constitution & By-laws.....	
Finance.....	Julie Corman and Hop Bailey
Fitness.....	Kiko Kimura and Hugh Moore
History.....	Tom Foley and Maxine Carlson
Hospitality.....	Dave Addleman, Kiko Kimura & Jay Palmer
Medical.....	Jane Moore and Kiko Kimura
Meets.....	Jan Kavadas and Hugh Moore
Membership.....	Jane Moore and Hugh Moore
Newsletter.....	Kathy Crandell and Susan Allen
Nominations.....	
Officiating.....	Carolyn Behse
Publicity.....	Frank Newquist
Records.....	Walt Reid and Kathy Crandell
Social.....	Cookie Justesen
Sunshine.....	Marietta Hunziker-James
Teamwear.....	Jan Kavadas, Donna Phelan & Susan Allen
Travel.....	Karen Unruh

\*\*\*\*\*

PNA BOARD MEETING

May 28, 1985

The PNA board meeting began at 7:45 with Hugh's "official" bell to order. In attendance at Tacoma's downtown YMCA were: Karen Unruh, Tritons; Marietta James, Ft. Steil.; Frank Newquist, Ft. Steil.; Jane and Hugh Moore (Pres), Federal Way; Muriel Flynn, Tac.Y; Cynthia Rosik, Tac Y; Dave Addleman, Tac Y; Rick Ingraham, unattached (V.P.), Walt Reid, Ft Steil.; Kathy Crandell, Ft. Steil.; Donna Phelan, Tritons; Ann Gindroz, Tac Y (Sec).

Minutes were read and approved; treasurer's report indicated a current balance of \$6,453 with approx. \$300 to come from the May clinic.

Hugh suggested accepting applications (due June 20) from those wanting to represent the PNA at the National Convention in Phoenix, Sept. 11-15. Suggestions for proposed rule changes will be considered.

Membership: 545; this year's PNA champs had 100 fewer than last year; loss of 20-25 annual members.

Meets: No bids yet with deadline approaching; chairman will call pools to move things along.

Teamwear: Available at BAC meet.

Newsletter: Send any entry forms for other events to Crandell; type clean copy. It was moved, seconded, and passed to reimburse Norma Ingraham for a stapler for the newsletter (\$25).

A motion was made to appoint three at-large members to the board representing smaller teams and unattached swimmers to serve until the next general meeting (Apr. 1986). The motion carried. From suggestions the following have been appointed: Debbie Lewis, Jane Moore and Susan Allen.

Dave moved and Rick seconded authorizing purchase of a computer system for \$2500. Discussion of this purchase included a conservative overview of next year's finances with potential receipts and expenses plus an informal needs assessment. Main uses of the computer will be for updating membership, word processing for the newsletter, and in the future seeding meets and putting together meet results which have been done voluntarily and complimentarily by Walt Reid. The motion was unanimously passed.

A companion motion was made to establish a position of Executive Secretary, reimbursed at \$5 hr., to be appointed by the president, approved by the board, and to report to the president. Major duties would include updating membership, newsletter labels, lists to meet chairmen, organizing meet packets, putting by-laws on word processor, etc. This motion was unanimously passed. President's appointment of Norma Ingraham to this position was confirmed.

TORONTO REPORT: Future workouts include June 22 at Titlow and July 13 at BAC. Relays were compiled and sent in thanks to the diligence of Kathy and Walt. Travel arrangements compiled by Karen Unruh.

CLINIC: A general feeling of approval and well-done was expressed. Evaluation forms will be mailed out to obtain further information from attendees. Hannula would be interested in doing this again. Hugh expressed he would like to see this as an annual event. Future plans including time of year presented and fitness aspects will be discussed at the October board retreat.

L.C. REGIONALS: South End, Tacoma; must be done by 1 pm.

MULTNOMAH: Need for Oregon entry forms in newsletter.

The board retreat to be held on Oct 5 no longer conflicts with Sumner's Triathlon which had to be cancelled due to lack of pool. Board meetings will be held in rotation in the general areas of north, central, south, and central: June 25 - Moore, July 23 - Dearborn.

Meeting was adjourned at 9:48.

Respectfully,

*Ann Lindrooy*

\*\*\*\*\*

FORM 3-85

UNITED STATES MASTERS SWIMMING, INC.  
**REGISTRATION APPLICATION — NOV. 1, 1984 - OCT. 31, 1985**

**"FILL IN WITH NAME YOU WILL USE ON ALL MEET APPLICATIONS"**

THIS IS A PLEASE PRINT OR TYPE INFORMATION

RENEWAL My 1984 USMS No. is \_\_\_\_\_  NEW REGISTRATION.

PLEASE NOTE THE CHANGE(S) FROM MY 1984 REGISTRATION  
 ADDRESS  NAME \_\_\_\_\_  CLUB/DISTRICT \_\_\_\_\_ (PREVIOUS)  
 OTHER \_\_\_\_\_

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Initial \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone No. \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_

Club/District \_\_\_\_\_ Date of Application \_\_\_\_\_



OFFICE USE ONLY  
 \_\_\_\_\_

THANK YOU

MAKE CHECK PAYABLE TO

MAIL TO ▶

**PNA MASTERS SWIMMERS  
 MEMBER CHAIRPERSONS  
 HUGH & JANE MOORE  
 29920 - 2nd Pl. S.W.  
 Federal Way, WA 98023  
 (206) 941-3100**

U S M S fee \$ 3.25	L M S C fee \$ 8.75	TOTAL FEE \$ 12.00
------------------------	------------------------	-----------------------

Seniors (65+) \$9.00

I hereby agree to abide by and be governed by the rules and regulations of USMS and the Local Masters Swim Committee.

x \_\_\_\_\_  
 APPLICANT'S SIGNATURE

FORM 3-85

PNA Board Meeting June 25, 1985

The June meeting of the PNA board of directors was brought to order at 7:20 in the Moore's home. Attending were: Ann Gindroz, Hugh Moore, Jane Moore, Jan Kavadas, Marietta James, Carolyn Baldwin, Jay Palmer, Rick Ingraham, Donna Phelan, Julie Corman, Gordon Gray, Gloria Masters, Marilyn Grindrod, Karen Unruh, Kathy Crandell, Walt Reid.

Minutes were read and corrected and will be printed in the Wet Set.

Meet Bids: Due to receiving fewer bids the process of setting meets was fairly simple. The board unanimously accepted the schedule as it appears in the Wet Set and moved to allow a 3-member committee to fill the September slot before the printing of the July newsletter. All present were asked to work on filling in the blanks, especially hosting of PNA CHAMPS.

National Convention Delegates: Unanimous approval was given to support as delegates to Phoenix in September: Walt Reid, Kathy Crandell, and Jane Moore. Hugh was named as alternate. Support includes registration, transportation and motels @ approx. \$1500 for the 3 persons.

Treasurer's Report: Balance of \$5329.66.

Computer Report: Hugh reported that a suitable computer (preferably IBM compatible and portable) will cost approx. \$3000. A motion to allow \$500 more (than the previously approved \$2500) was unanimously carried. Hugh said that with a life-span of 5 years the computer would be comparable to a cost of \$1 per member per year. Encouragement was offered to boost our membership up to 600+.

Flyer: being designed for publicity, recruitment; delays on printing due to lack of photo suitable for copying. Request made for cartoonist...?

Awards: Oregon will provide awards and patches for regionals in July. A total of 100 more medals (\$125) will be ordered now to last until Jan. '86. A projected budget of \$900 will cover '85-'86 (S.C. & L.C.) and include awards, ribbons and plaques.

Teamwear: is available but needs a better method of selling; more prominently available, announcements made during meets.

Committees: several people have volunteered; others are being contacted to fill in vacant positions. Hugh proposed forming a 7-member review committee to check on whether or not meets live up to proposals. It was suggested that this be done in timely fashion in order to award monies quickly. How results are handled and processed



is an important aspect of this review. Sunshine committee will provide a list of age-group-change birthdays for each Wet Set. Travel plans for Toronto will include some carpooling to Vancouver and arrangements to the Holiday Inn West in Toronto.

Note: False starters may not swim even for exhibition; officials should be reminded about this before the meet (duty of Officiating committee).

L.C. Regionals: early start and warm-up; must be out by 1 pm. Picnic at home of Ann Gindroz - information and map in Wet Set and available at meet.

Relays: The problem of money being lost due to last minute changes was discussed. Further proposals and recommendations to alleviate relay problems should be made to Hugh for discussion at the Oct. retreat.

Clinic report: a large percentage of the participants have already responded indicating a strong interest in more clinics. A positive suggestion was for more swim time with smaller groups in the water.

PNA policy reminder: mailing list should not be given out for commercial purposes, but should be used only when needed for official PNA business. Since this list is frequently updated it is given out only to those who have made specific requests for its use.

The meeting was adjourned at 9:47.

Respectfully,

*Ann Gindroz*

\*\*\*\*\*

FOR INFORMATION ABOUT IEA AND ORE MEETS WRITE OR CALL:

Harry Lewis  
(509) 747-3421  
E. 944 - 39th Ave.  
Spokane, Wa. 99203

Sandi Rousseau  
(503) 642-3679  
23995 S.W. Drake Lane  
Hillsboro, Or. 97123

IEA/ORE SCHEDULE

June 14-15 LC ORE Multnomah Athletic Club  
July 13-14 LC IEA Spokane, Witter Pool  
Aug. 3 LC ORE Albany  
Aug. 3 or 4 LONG DISTANCE SWIM, Lake Coeur D'Alene (tent)

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REGION XII PICNIC

MASTER'S SWIMMERS

SATURDAY, JULY 20 AFTER 1:00 PM AT ANN GINDROZ'S  
715 N. YAKIMA, TACOMA, WA.

CATERED BY EDDIE'S ON-CALL CATERING

\$6.00 INCLUDES

CLUB SANDWICHES, SALADS, CHIPS, PIES FOR DESSERT

BRING YOUR OWN LIQUID REFRESHMENTS

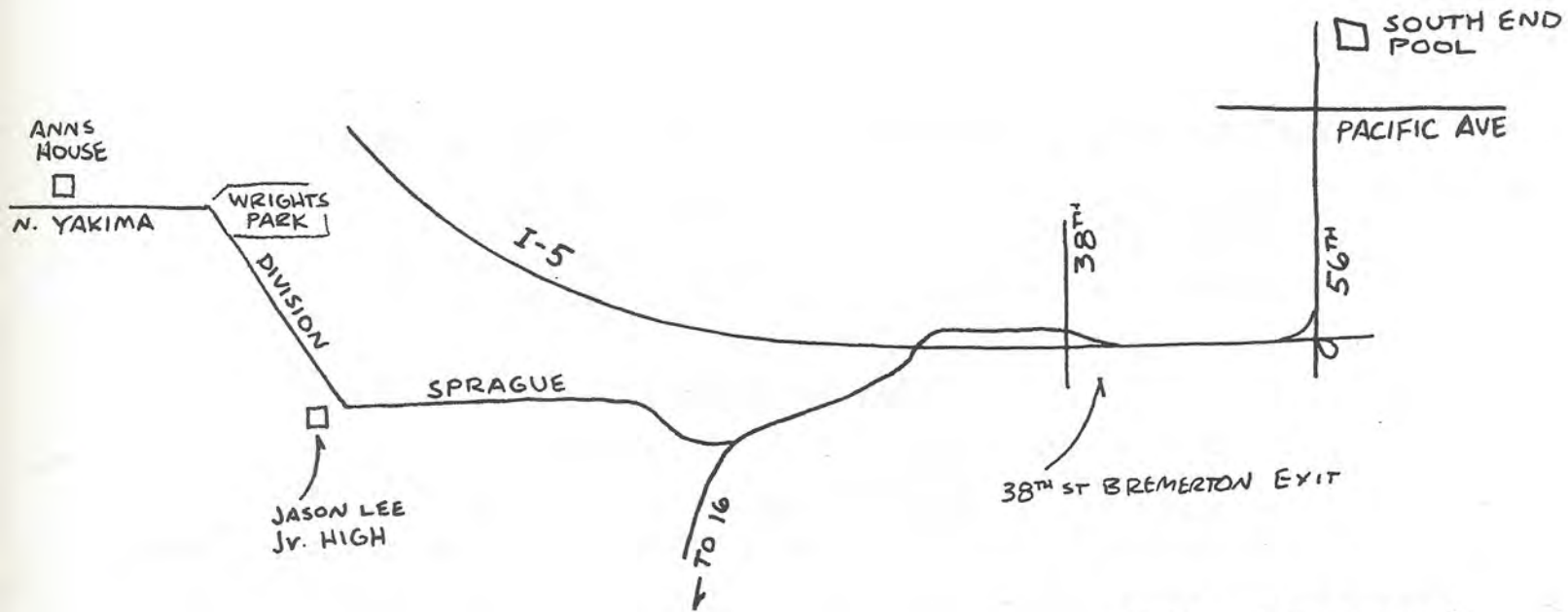
MAKE CHECKS PAYABLE TO PNA MASTERS SWIMMERS AND MAIL IT TO:

KIKO KIMURA  
4755 SAND POINT WAY N.E.  
SEATTLE, WA. 98105  
(206) 525-9687

LIMIT TO THE FIRST FIFTY PEOPLE WHO PAY

\*\*\*\*\*

MAPS WILL ALSO BE AVAILABLE AT THE MEET



715 N. YAKIMA  
TACOMA, WA. 98335

## TORONTO RELAYS

Following are the Toronto relays as they stood as of June 30. Relays are subject to constant change due to illness, changes in plans, participants we didn't know about, emergencies and many other reasons. The relays were due in Toronto, June 1. We only told Toronto the number of relays the PNA will enter in each age group and event. We do not enter the individual names for each relay. Individual names will be written on the relay cards after you get to Toronto. Therefore please let us know of any changes in plans, any problems, or changes in 50 meter times. Some swimmers currently listed as members of relays are still questionable as to their actual attendance at the meet. Please let us know! Alternates be ready!

We compiled relays by putting together the four fastest times that would also add up age-wise to the lower end of each age group. If the four fastest times added up age-wise to 155, we put in another person old enough to put the relay into the 160+ age group. If you wonder why somebody isn't in a certain relay because he or she is faster, check the age. He or she would probably change the age group. Mixed Medley relays involve comparing the fastest times for each man and woman for each stroke in each age group. Where there is the least difference in time we use the women (assuming the men are faster). Where there is the most difference in time we use the men in order to get the fastest relay time. In Mixed Medleys you're considering not only fastest times and ages but also the sex of the fastest swimmers. One change in one Mixed Medley relay affects all the relays in that age group and possibly some relays in other age groups. In fact, we often have to start over again with all the Mixed Medleys every time there is a change.

Some of you have us 50 Meter times, others gave us yard times which we converted, and for others we went back as much as two years to look up the times.

There has been a problem with the PNA losing money due to scratched relays at the last three Nationals. Since relays must be entered 1-2½ months ahead of time, they are sent in with alternates in mind. However, enough changes have still occurred to cause relay scratches. Therefore we plan to start collecting money now. PLEASE BRING \$2.50 for each relay you are entered in to the next Toronto workout at BAC, July 13, (9:00-10:30 am). Notify Karen Unruh, 845-5569, of any changes affecting relays.

MEN FREE AUG. 12

MEN MEDLEY AUG. 10

120 YRS.

Greg Harrison	33
Hugh Moore	31
Pete Ray	32
Cash O'Donnell	36

132

Alt: Bob Moore	25
Brian Funk	27

120 YRS.

BK Pete Ray	32
BR Greg Harrison	33
FY Bob Moore	25
FR Cash O'Donnell	36

126

Alt: Brian Funk	27
-----------------	----

160 YRS.

David Addleman	50
Lowell Johnson	48
Nick Cummings	40
Dick Green	33

171

240 YRS.

Alan Sachs	72
John Koruga	59
Jack Akamine	52
Ben Dotson	57

240

Alt: Hal Young	63
John Robinson	82

160 YRS.

BK David Addleman	50
BR Hugh Moore	31
FY Dick Green	33
FR Lowell Johnson	48

162

Alt: Nick Cummings	40
--------------------	----

240 YRS.

BK Alan Sachs	72
BR Ben Dotson	57
FY John Koruga	59
FR Jack Akamine	52

240

Alt: Hal Young	63
John Robinson	82

WOMEN FREE AUG. 12

120 YRS.

Kiko Kimura	29
Debra Lewis	32
Jane Moore	34
Karen Unruh	35

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130

Alt: Julie Lindell	26
Eileen Jones	35

160 YRS.

Julie Corman	36
Juanita Correa	49
Sue Dills	40
Randi White	39

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164

Ann Gindroz	47
Sue Dearborn	48
Gretchen Anderson	43
Carolyn Behse	43

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181

Alt: Kim Verde	37
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200 YRS.

Pat Dotson	58
Cynthia Rosik	52
Donna Phelan	47
Judy Harrison	45

---

202

Alt: Marion Chadwick	63
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WOMEN MEDLEY AUG. 10

120 YRS.

BK Karen Unruh	35
BR Debra Lewis	32
FY Kiko Kimura	29
FR Jane Moore	34

---

130

Alt: Julie Lindell	26
Eileen Jones	35

160 YRS.

BK Juanita Correa	49
BR Carolyn Behse	43
FY Sue Dills	40
FR Julie Corman	36

---

168

BK Randi White	39
BR Judy Harrison	45
FY Cookie Justesen	38
FR Gretchen Anderson	43

---

165

Alt: Kim Verde	37
----------------	----

200 YRS.

BK Ann Gindroz	47
BR Donna Phelan	47
FY Pat Dotson	58
FR Sue Dearborn	48

---

200

Alt: Cynthia Rosik	52
Marion Chadwick	63

MIXED FREE AUG. 11

120 YRS.

Pete Ray	32
Cash O'Donnell	36
Kiko Kimura	29
Randi White	39

136

Hugh Moore	31
Greg Harrison	33
Karen Unruh	35
Jane Moore	34

133

Alt: Brian Funk  
Bob Moore  
Julie Lindell  
Eileen Jones  
Kim Verde

160 YRS.

Dick Green	33
Lowell Johnson	48
Juanita Correa	49
Julie Corman	36

166

Nick Cummings	40
Dave Addleman	50
Sue Dills	40
Cookie Justesen	38

168

200 YRS.

John Koruga	59
Jack Akamine	52
Ann Gindroz	47
Sue Dearborn	48

206

Carolyn Behse	42
Gretchen Anderson	43
Hal Young	63
Ben Dotson	57

205

240 YRS.

Judy Harrison	45
Pat Dotson	58
Alan Sachs	72
John Robinson	82

257

MIXED MEDLEY    AUG. 8

120 YRS.

BK	Julie Corman	36
BR	Greg Harrison	33
FY	Bob Moore	25
FR	Kiko Kimura	29

---

123

Alt: Hugh Moore                    31

160 YRS.

BK	Juanita Correa	49
BR	Nick Cummings	40
FY	Sue Dills	40
FR	Dick Green	33

---

162

BK	Pete Ray	32
BR	Carolyn Behse	43
FY	Dave Addleman	50
FR	Cookie Justesen	38

---

163

BK	Karen Unruh	35
BR	Ben Dotson	57
FY	Gretchen Anderson	43
FR	Lowell Johnson	48

---

183

200 YRS.

BK	Cash O'Donnell	35
BR	Judy Harrison	45
FY	Pat Dotson	58
FR	Allan Sachs	72

---

200

BK	Ann Gindroz	47
BR	Donna Phelan	47
FY	Jack Akamine	52
FR	John Koruga	59

---

205

240 YRS.

BK	Hal Young	63
BR	Cynthia Rosik	52
FY	Sue Dearborn	48
FR	John Robison	82

---

245

ARE YOU TOP 10 IN THE NATION?

IF SO YOU CAN ORDER A TOP 10 PATCH. WRITE TO HARRY FOX  
710 OXFORD AVE. N.E.  
MASSILLON, OHIO 44646  
SORRY WE DON'T KNOW THE PRICE.....KC

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EMERALD CITY OPEN WATER SWIM

The Emerald City Open Water Swim will be held Saturday, August 17, 1985 on Lake Washington. The swim will begin at 9:30 am. Report to Seward Park by 9:00 am, August 17. The Swim is one mile. The entry fee is \$10.00. Entries must be postmarked by August 9, 1985

Phone the Recreation Information Office for information, 625-4671. Call any King County or City of Seattle swim pool for entry forms and information. Entry forms will be available after July 15 (at King County or City of Seattle pools, I believe...KC).

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IF YOU ARE INTERESTED IN SPONSORING A SWIM MEET NEXT YEAR AND HAVEN'T RECEIVED A MEET-BID PACKET, PLEASE CONTACT JAN KAVADAS AT 217 ALDER ST. #305, EDMONDS, WA. 98020 (755-5814)

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\*FOR NON-MEMBERS ONLY

SUBSCRIPTION FORM FOR WET SET NEWSLETTER

NAME..... MAKE \$6.00 CHECK PAYABLE TO:  
ADDRESS..... PNA MASTERS SWIMMERS AND SEND  
..... TO:  
..... Jane & Hugh Moore  
..... 29920 - 2nd Pl. S.W.  
..... Federal Way, Wa. 98023  
ZIP CODE..... (206) 941-3100

\*Registered members receive the newsletter for one year upon receipt of their registration and do not have to subscribe.