



1981 SC
MEET CALENDAR & SCHEDULE

Jan. 17-18	Bellevue Athletic Club Meet	March 8	Summer Meet
Jan. 20	Board Meeting at S. Dearborn's	April 4-5	PNA Championships, Ft. Steilacoom Community College
Feb. 14	CAPRI Relay Meet at Helene Madison Pool	May 1-3	SC Regional Champs., U.W. Pool
Feb. TBA	Meet at UPS Pool, Tacoma	May 22-25	SC Nat. Champs., Irvine, Ca.



SEATTLE--Judy Harrison called the meeting to order and Carolyn Behse read the Treasurer's report. Bill Castner reported 968 medals sold in the 79-80 swimming year. Bill also has a new co-chairman on the awards committee, Dave Addleman of the Tacoma Y. They are choosing new designs for medals for the regular meets and for Regionals. Cookie Justesen reported on two new teams, one from Whidby Air Station and another from Mill Creek. Fred Wiggin on meets said there will be a meet in Tacoma at the UPS pool in Feb. The board passed a motion that there be no pro-rated fees. Anyone joining the PNA will understand that the year begins 1 Jan. and ends 31 Dec. Russ Hall will have an article in the Dec. newsletter explaining the breakdown of the membership fees. A motion passed that the PNA keep fees at \$6. for 1981 but that senior citizens will pay 1/2 of the PNA fee plus the AAU fee. There will be a potluck dinner at Judy Harrison's in Dec.

KIRKLAND--Judy Harrison called the meeting to order and suspended reading the minutes until the Jan. meeting. There was a short discussion of old business, no new business was brought up and the meeting was adjourned to supper. The board will meet 20 Jan. 1981, at 7:30 in Sue Dearborn's home, 3401 E. Mercer, Seattle, Wa.

BOARD OF DIRECTORS

- Pres--Judy Harrison 822-3988
- VP--Jim Miles 232-7050
- Sec--Suzanne Dills 232-3645
- Treas--Carolyn Behse 747-3889
- Reps-at-Large--Fred Wiggin 542-4857
Russell Hall 631-6685

- Publicity--Bart Carter 653-3410
- Sunshine--Lee Holm 825-3939
- Team Wear--Russ Hall 631-6685
- Money Raiser--Heather Oesting 522-5058
- Travel and Social--Susan Dearborn 324-4945
- Banquet--Rosie Latta 243-4575
- Finance--Jim Miles 232-7050
- Membership--Cookie Justesen 774-8721
- Newsletter--Florence Miller 582-4683
- PNA Top Ten--M. Dabrock 584-8447 & W. Reid
- Records--Walt Reid 847-2972
- Stroke Clinic--Neville Johnson 824-2953
- Team and Club Coordinator--Needs Help!!

COMMITTEE CHAIRPERSONS

- Awards--Bill Castner 246-1726, Dave Addleman
- Constitution--Tom Foley 937-5585
- Meets--Fred Wiggin 542-4857
- Newsletter Staff--Florence Miller
Kathy Crandell, Marietta James
- Community Service--Jan Twilight 525-2572

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NEW MEANING FOR VALENTINE'S DAY

On February 14, PNA and CAPRI will sponsor a relay meet to benefit CAPRI. This community service project does not require you to swim a number of boring laps up and down the pool. You will swim them with a team and attempt to win several relays. What's more, all of those people who keep saying they might try a meet sometime can swim: AAU membership is not required for this swim. We'll schedule some relays with 25 yard swims.

Funds are to be raised through the \$5 entry fee. Your friends can contribute to your heart and theirs by additional contributions, but entry fees are the only requirement.

What is a relay meet? Well, it should be fun, first. This one will last two hours, so it won't get you out of bed too early, nor keep you from your errands too long.

You'll have an equal opportunity to get on a winning team. The teams will be made up as entries are received and assigned to lanes 1-6. Age groups, skills and sexes will be mixed. For each event, each lane will prepare an entry card with the names of the swimmers. We will schedule multiple heats if necessary so that everyone has a chance to swim; so we can separate age groups, or have men's and women's events for each race.

Surprise relays may also be added: you'll know what you're swimming when you get on the blocks.

Relays are expected to be:

4 x 50 fly; 4 x 50 back; 4 x 50 breast; and 4 x 50 free: for these each of 4 swimmers swims two lengths of the designated stroke.

4 x 100 I.M.; 4 x 100 free: for these events, 4 swimmers will each swim 4 lengths; either in I.M. order or all freestyle.

500 free: 4 swimmers in any order with 1 swimming 200 yards; one swimming 150 yards; one swimming 100 yards; and the last one 50 yards. One swimmer must be 20-34; 35-44; 45-54; and one 55 and over.

Watch for a special mailing early in January.

ENTRY BLANK

Sponsored by PNA and CAPRI

Date: February 14, 1981
Time: 1:00 p.m.
Place: Helene Madison Pool; 134th and Meridian N. E., Seattle
Entries Due: February 10, 1981 Meet Director: Jan Twilight
4716 N. E. 45th
Seattle, Wa. 98105

Name _____ M F Birthdate _____ Age _____
Address _____ City _____ State _____ Zip _____
Telephone _____

Age Group (Circle One): 20-24 25-29 30-34 35-39 40-44 45-49 50-54
55-59 60-64 65-69 70-74 75-79 80+

Entry Fee: \$5.00 Make checks payable to CAPRI. Amount Enclosed \$ _____
Additional donations may be included.

Eligibility: Open to any interested swimmers 20 years of age and older, who are not participating in college or Senior competition.

1981 Membership Registration

Various individuals over the last several years have asked "What does our membership fee pay for?" Since we are anticipating in excess of 400 members this year within our association, I want to take this opportunity to explain briefly what our fees are and what they are used for.

Our total membership fee for 1981 will be \$12.00 (\$9.00 for those over 65). These fees help pay for and support our National, Regional, and Local Masters swimming programs. This fee is broken down into two parts. The first part is \$6.00 which is used to support or pay for the following: Basic registration fee, Medical (accident) insurance, Liability insurance, National Governing Body (National Masters), and Local Sports Committee. The balance of the \$12.00 (or \$9.00 for 65+) is used by PNA Masters Swimmers Board of Directors to pay for the publishing and distribution of the WET SET, the printing of heat entry cards for the meets, the purchase of awards inventory, the purchase of money raiser inventory, the purchase of special awards for our annual Awards Banquet, the publication of our annual BEST TIMES Booklet, the meet sanction fees for each meet, plus other small miscellaneous items.

The membership fee must be paid prior to participation in any Masters Swim Meet. The entry forms are being checked against our membership list with any person swimming without paying the fee being deleted from the results list. Any person who has sent in their membership registration form since November 15, 1980 who has paid less than the \$12.00 (\$9.00 for 65+) should send the balance to Cookie Justesen to pay for their 1981 membership registration. This membership will be valid through December 31, 1981.

There will be future articles explaining the breakdown of the fee and what is covered in each item. If there are further questions about these fees, please contact Russell Hall (852-2565, 631-6685), Cookie Justesen (774-8721), or Carolyn Behse (747-3889).

1981 PNA MASTERS SWIMMERS #79310
and AAU APPLICATION

PNA/AAU for 1981 is a combined total fee of \$12.00. This includes \$6.00 AAU which covers mandatory insurance coverage. Senior citizens pay only 1/2 the PNA portion for a total fee of \$9.00.

Please complete the form, sign it and mail with payment to: Cookie Justesen
22704-73rd Pl. W.
Mountlake Terrace, Wa. 98043

DATE: _____

FULL NAME: _____ BIRTHDATE _____ AGE _____

ADDRESS _____ CITY _____ ZIP _____

PHONE _____ OCCUPATION(optional) _____ Bus.Tel. _____

Have you lived in the PNA for 4 months? Yes No

PNA/AAU \$12.00

Senior Citizens(65+)Pay..... \$9.00

TOTOAL ENCLOSED _____

APPLICANT SIGNATURE _____

Make all checks payable to: PNA Masters Swimmers